

APRENDA
Inglês 
SOZINHO!

**CURSO GRATUITO DOS
150 TEXTOS EM INGLÊS**

-  <http://bit.ly/aprendainglesso>
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Apresentação e instruções

Fala gente bonita!

Eu sou o Teacher Dan e o meu desejo é disponibilizar materiais de estudo para alunos que estudam sozinhos e que não tem dinheiro para pagar um cursinho de Inglês. Estou dando estes textos para que você possa usar com o método de aprendizado de línguas criado pelo americano Steven Krashen. Este curso se baseia em 3 teorias sensacionais que vou te ensinar no decorrer do curso. A teoria Comprehensible input, affective filter and the silent period. Esta última teoria do período silencioso diz que o aluno deve começar a aprender sem se preocupar com a fala. Então não quero que você se preocupe com FALAR até você chegar no texto 75. Confie em mim, isto vai te ajudar MUITO! Os textos estão neste PDF e os áudios na lista abaixo. (Só clicar nos minutos). A razão pela qual os áudios estão no YouTube, é porque, cada vez que você acessa o vídeo e escuta lá no YouTube, você ajuda o canal.

O seu objetivo é conseguir ler e ouvir 85% do texto em Inglês e ENTENDER sem precisar TRADUZIR. No início vai ter um pouco de tradução isso é normal, mas com o tempo você deve pensar em figuras ou cenas de filmes quando ler ou escutar uma frase. Estudando desta maneira, você verá que vai começar a pensar em Inglês muito mais rápido. Entendeu 85% do texto sem olhar na tradução, vá para o próximo. Não precisa entender 100% apenas 85%. Mais uma coisinha, não se preocupe com os detalhes da língua. Gramática, pronúncia, etc. Quando você complica o Inglês, ele fica difícil de entender. Se você conhece o ANKI, você pode usar ele para revisar as frases e ganhar tempo ([aqui vai uma aula pra te ensinar como usar](#)). Chegou no texto 75? Comece a dedicar mais uma hora para começar a falar. Não tem uma hora extra? Faça meia hora de listening e meia hora de conversação. Recomendo o meu curso de conversação Interativo ([De uma olhadinha clicando aqui](#).) para aqueles que chegarem ao texto 75 mas não se sentirem prontos para falar cara a cara com nativos. Se você se sente pronto para falar com os nativos, assista a aula 75 pois lá eu te mostro como será a parte de conversação usando a ferramenta Cambly. Mesmo que você não esteja no texto 75 eu recomendo você a usar os 15 minutos de graça que vou te dar. Tudo o que você precisa fazer é clicar [aqui](#) e colocar o código: englishwithdan Usando os 15 minutos para falar com nativos vai te ajudar a saber como funcionará esta conversa no futuro.

Professor, como vou entender o que o texto diz se não tem a tradução? Vou oferecer aulas de explicação dos textos. Isso eu pretendo fazer gratuitamente no meu canal <http://bit.ly/aprendainglesso>. Algumas classes estão prontas e você pode encontrar o link na tabela abaixo. Você terá os textos abaixo. Eu recomendo que você imprima e coloque as traduções em baixo das frases. Se inscreva no canal e ligue as notificações para ter certeza que você não vai perder nenhuma aula, as vezes faço aulas ao vivo também.

Se você pegou este PDF de algum amigo, queria te convidar para fazer parte da minha lista VIP de alunos. A vantagem de estar na lista é que você vai ficar por dentro de todas as coisas que eu



proporcione para o seu aprendizado, se você pegou este PDF pelo meu website, você já está inscrito. Se não, aqui vai o link para você se inscrever:

<https://www.aprendainglesozinho.com/aluno-vip>

Você tem material aqui para ir do **ZERO** ao final do intermediário/avançado na área de listening e reading. Quanto mais horas por dia você usar este material, mais rápido irá aprender. Eu recomendo que você dedique **NO MÍNIMO 1 hora por dia**. Todos os dias.

Como já disse este curso pode ser feito **TOTALMENTE DE GRAÇA**, porém se você pode investir um pouco comprando o material de apoio você vai estar ajudando o Teacher Dan e aprendendo mais rápido. Disponibilizei o material pois vários alunos me pediram para que eu tornasse disponível arquivos para que eles não perdessem tempo escrevendo, colocando cartões no ANKI. Também me pediram pelos áudios separados para poder colocar no telefone ou mp3 player. Então montei um pacote que irá ajudar você a aprender mais rápido. O material tem:

- **150 Textos** traduzidos pelo teacher Dan.
- **150 Áudios** – Os 10 primeiros lento e normal.
- Mais de **4000 áudios separados** para você montar os seus cartões no ANKI.
- **150 cartões do ANKI** prontos com todas as frases.
- **GRUPO DE APOIO** com o Teacher Dan no WhatsApp.

É material pra 2 anos de estudo. Normalmente vindo por R\$599, mas pra te ajudar a começar, usando o link <http://pag.ae/bdB3q65> você ganhará um desconto de **R\$100**. Aproveite! Você pode dividir o valor em até 12 vezes e eu pago os juros pra você. É 1 mês de cursinho de Inglês por matéria de 2 anos de estudo, vale a pena mesmo. Se você está inseguro que o método vai funcionar pra você recomendo começar a estudar com o material gratuito e depois adquirir o material quando notar a efetividade do método. Muitos alunos fazem assim.

AGORA VOCÊ APRENDE!!

Teacher Dan





N°	Texto	Áudio	Aula
	O que coloquei no material completo do curso pra você?		link
	Vídeo Aprenda Inglês Dormindo 1-15 (escute toda noite)	link	link
1	First Snow Fall	5:48	link
	Aula IMPORTANTE – Como Pensar em Inglês		link
2	Jessica's First Day of School	7:04	link
3	My Flower Garden	8:54	link
4	Going Camping	9:57	link
5	My House	11:05	link
6	My First Pet	12:20	link
7	Jennifer the Firefighter	13:27	link
8	Mark's Big Game	14:25	link
9	The Easter Egg Hunt	15:08	link
	Aula sobre pronomes em Inglês		link
10	Joe's First Car	17:48	link
11	Summer Vacation	19:00	link
12	Cleaning Up Leaves	20:12	link
13	Susan's Wedding Day	21:18	link
14	Remembrance Day	22:22	link
15	Halloween Night	23:17	link
	Faça o teste das aulas de 1-15	link	link
16	Christmas Eve	24:37	link
	Vídeo Aprenda Inglês Dormindo 16 – 30 (escute toda noite)	link	link
17	Thanksgiving	26:03	link
18	Learning How to Drive	27:14	link
19	Housework	28:22	link
	Aula Especial This – That – These - Those		link
20	Working Outside	29:52	link
21	Daily Schedule	31:06	link
22	Meals	33:02	link
23	Seasons	35:22	link
24	Weather	36:54	link
25	House	39:06	link
	Aula especial sobre o TO BE		link
26	School	41:02	link
27	Subjects	43:27	link
28	International Students	45:04	link



29	Interests and Hobbies	47:02	link
30	Movies	49:21	link
	Aprenda Inglês dormindo 31-45 (escute toda noite)	link	link
31	Flowers	51:43	link
32	The Shopping Mall	54:32	link
33	Travel	57:46	link
34	The Farm	59:49	link
34B	IDIOMUS		link
35	Transportation	1:01:50	link
36	Holidays	1:03:55	link
37	Diseases	1:06:24	link
38	Jobs	1:08:19	link
39	My Body	1:10:37	link
40	Clothing	1:12:51	link
40B	Como usar o ANKI?		link
41	Colors	1:15:05	link
41B	Revisão - Jennifer the firefighter		link
42	Wild Animals	1:16:28	link
43	Months	1:17:57	link
44	Days of the Week	1:19:46	link
45	Describing Things	1:21:11	link
45B	Quando posso começar a falar inglês?		link
46	Fruit	1:23:03	link
47	Bugs	1:24:47	link
48	The Kitchen	1:26:14	link
49	Vegetables	1:28:19	link
50	Pets	1:30:00	link
	Vídeo Aprenda Inglês Dormindo 46-60 (escute toda noite)		link
51	Parties	1:32:03	link
52	Grocery Shopping	1:33:46	link
53	Differences	1:35:55	link
54	The Restaurant	1:36:59	link
	Conversação em inglês - 100 frases - Lento e fácil - Vídeo 1/8 - como falar inglês sozinho		link
55	Traffic	1:38:16	link
56	Music (1)	1:39:50	link
57	Who, What, Where and Why?	1:41:30	link



58	Which Direction	1:42:50	link
59	The Office	1:44:00	link
60	Money	1:45:43	link
61	Manners	1:46:51	link
62	The Two Sexes	1:48:13	link
63	Me	1:49:17	link
64	My Cat	1:51:21	link
65	Music (2)	1:52:58	link
	Aprenda Inglês dormindo - Cientificamente comprovado - Textos 61-75		link
66	Spring	1:54:51	link
67	The Birthday Party	1:56:27	link
68	My Classroom	1:58:00	link
69	Vacation	1:59:45	link
70	My House (1)	2:01:49	link
71	My Family	2:04:00	link
72	Winter	2:05:52	link
73	Autumn	2:07:48	link
74	Summer	2:09:37	link
	Como aprender inglês em 2019 - 500 frases em inglês com tradução - Lento e fácil		link
75 😊	Como começar a falar em Inglês online. A aula mais importante!		link
75B	The Doctor	2:11:56	link
	Cambly - Brasileiro Iniciante falando com Nativos - Aula #1 do Wandilson		link
	Cambly - Wender Aula #1 - Iniciante Falando com Nativos - Firefighter em Inglês		link
76	The Dentist	2:13:27	link
77	The School Play	2:15:12	link
78	Emotions	2:17:03	link
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80	The Lie	2:19:33	
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83	Garden	2:25:36	
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87	Television	2:36:09	
88	My country	2:38:29	
89	Food	2:41:03	
90	The Zoo	2:43:14	
91	The Museum	2:45:31	
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93	Pretending	2:49:51	
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102	Why do People Dislike other People?	3:05:52	
103	The Birthday Gift	3:07:52	
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110	What My cat Did	3:21:43	
111	If I was Tiny	3:23:54	
112	Do People Have the right to smoke in Public?	3:25:52	
113	If I were a Giant	3:28:59	
114	Superstitions	3:30:40	
115	My Favorite Bedtime Story	3:32:54	
116	If I Found a Magic Lamp	3:35:08	
117	Help	3:37:56	
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131	Divorce	4:06:24	
132	If me fish could talk	4:08:07	
133	The Best Teacher	4:09:58	
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136	The Future	4:15:53	
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139	Look for the Beauty	4:21:19	
140	My Doll	4:23:25	
141	I am Curious	4:25:02	
142	Creative People	4:26:57	
143	Career choices	4:29:26	
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146	Home Alone	4:35:40	
147	Family	4:37:56	
148	My First Job	4:40:21	
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Article #1 First Snow Fall

Today is November 26th. It snowed all day today.

The snow is beautiful. The snow finally stopped.

My sister and I are excited. My Mom doesn't like the snow.

My Mom has to shovel the drive way. My sister and I get to play.

I put on my hat and mittens. My Mom puts on my scarf.

My Mom zippers my jacket. My sister puts on her hat and mittens.

My Mom puts on her scarf. My Mom zippers her jacket.

My sister and I go outside. We begin to make a snow man.

My Mom starts to shovel the snow. My sister and I make snow angels.

My sister and I throw snowballs. It starts to snow again.

We go inside for hot chocolate.



Article #2 Jessica's First Day of School

Today is Jessica's first day of kindergarten. Jessica and her parents walk to school.

Jessica's Mom walks with her to her classroom. Jessica meets her teacher.

His name is Mr. Parker. The school bell rings at 8.45 A.M.

Jessica hugs and kisses her Mom goodbye. Jessica's Mom says, "I love you."

At 9.00 A.M., Jessica stands for the National anthem.

Mr. Parker calls out children's names. Each child yells back "Here."

Mr. Parker teaches them about letters. Mr. Parker teaches them about numbers.

At 10:15 A.M. the students have recess. Recess is fun.

The students get to play and eat. At 10:30 A.M. the students go to gym class.

At 11:15 A.M. the students return to Mr. Parker's classroom.

Mr. Parker tells the students to sit on the carpet.

Mr. Parker reads the students a story. Mr. Parker teaches the students a song.

The lunch bell rings. Jessica's first day of school is over.



Article #3 My Flower Garden

My name is Anne. I love flowers. I have a flower garden.

My garden is in front of my house. My neighbor has a garden too.

My garden has different types of flowers. I have roses in my garden.

I have tulips in my garden. I have petunias in my garden.

My garden has different colors. I plant red flowers.

I plant orange flowers. I plant blue flowers.

I plant purple flowers. I take care of my garden.

I water my garden every day. I kill the weeds in my garden.

I kill insects that eat my flowers. I love my beautiful garden.



Article #4 Going Camping

The Bright family went camping on the weekend.

The Bright family went to Silent Lake. The Bright family left on Friday.

They camped for three days. The Bright family brought a big tent.

They brought a lot of food. They brought insect repellent.

The Bright family had a campfire on Friday. They roasted marshmallows.

They sang campfire songs. On Saturday, they went canoeing.

On Saturday, they went fishing. On Saturday, they went swimming.

They went hiking on Sunday. The Bright family saw many birds.

They saw blue jays. They saw hummingbirds.

The Bright family saw many animals. They saw a raccoon.

They saw a squirrel. But they didn't see a bear.

The Bright family had a fun vacation.



Article #5 My House

I live in a house. My house is small. My house has two bedrooms.

My Mom and Dad sleep in one bedroom.

My sister and I share the other bedroom. My house has a kitchen.

My Mom and Dad cook dinner there every night. My house has a living room.

My family watches television there every night. My house has a big bathroom.

My house has a lot of closets. My house has a basement.

My Dad has a workshop in the basement. My Dad makes wood furniture.

My house does not have a second floor. My house has a garage.

My house has a big backyard. My backyard has a maple tree.

My backyard has a swimming pool. My backyard has a vegetable garden.

My family likes our house.



Article #6 My First Pet

My name is Sarah. I am 14 years old. I have a pet cat.

My cat's name is Milo. My cat is black and white.

Milo's paws are white. Milo's body is black.

She is very cute. Milo's fur is very soft. Milo was a very small kitten.

Milo is a very big cat. Milo cannot have kittens. She is fixed.

Milo likes to eat. Milo likes to play outside Milo likes to hunt for birds.

Milo likes to hunt for mice. She likes her ears scratched.

Milo likes to sit in my lap.

Milo likes to sleep on my bed. Milo is a good pet.



Article #7 Jennifer the Firefighter

Jennifer Smith is a firefighter. She is one of the first female firefighters.

Jennifer works hard every day. Jennifer exercises every day. She lifts weights.

She wants her muscles to be very strong. She saves people's lives every day.

She is very strong. Jennifer is married. Her husband is a school teacher.

Jennifer's husband is proud of her. Jennifer is a mother.

She has two daughters. Jennifer's daughters are proud of her too.

Jennifer is happy being a firefighter. Jennifer is happy being a wife.

Jennifer is happy being a mother.



Article #8 Mark's Big Game

Mark's favorite sport is hockey. He is 15 years old.

Mark practices three times a week. Practices are two hours long.

Mark plays one game a week. Mark is a good hockey player.

He plays on Friday nights. Friday night hockey games are popular.

Mark's family watches him play. Mark's friends watch him play too.

There are always many fans. Tonight, is the big game.

Coaches are coming to watch Mark play.

Mark wants to play in the National Hockey League.

Mark wants to make a lot of money. It is very hard to play in the NHL.

Mark's parents want him to go to college.

They want him to have an education. They want Mark to be successful.

They want Mark to be happy.



Article #9 The Easter Egg Hunt

Samantha is going to an Easter egg hunt. Tracey is going to an Easter egg hunt.

The Easter egg hunt is at Sydney's house. It is going to be fun.

Sydney's mom hid chocolate eggs. Sydney's mom hid chocolate bunnies.

Everybody is here. Everybody has an Easter basket.

The Easter egg hunt can start. Everybody must close their eyes.

One, two, three, go! Samantha finds an Easter egg.

The Easter egg is behind a table. She puts it in her basket.

Tracey finds a chocolate Easter bunny. It's under the couch.

Tracey puts in her basket. Sydney finds a chocolate Easter bunny too.

It's in front of the television. She puts in her basket.

Everybody finds lots of chocolate. Everybody shares their chocolate.

Samantha, Tracey, and Sydney love Easter.



Article #10 Joe's First Car

Joe is 18 years old. Joe works at McDonald's. Joe saves all his money.

Joe has \$2500.00 in the bank. He wants to buy a sports car.

Joe starts to look for a new car. Joe looks in the newspaper.

Joe looks in magazines. Joe finds a car he likes.

Joe goes to see the car with his dad. He really likes it.

Joe doesn't have enough money. Joe's dad tells him to keep saving his money.

Joe wants this car a lot. Joe asks his dad to help him.

Joe and his dad make a deal. Joe's dad will lend him the money.

Joe must work hard. He must pay the money back to his dad.

Joe is very happy. Joe owns his first car.



Article #11 Summer Vacation

Today is the last day of school. It is summer vacation. Grace is very excited.

This summer will be fun. Grace is going to visit her Grandparents.

They have a cottage. The cottage is on Lake Erie. It is a lot of fun.

Grace is going to swim. She is going to play board games.

She is going to talk with her grandparents. Grace is going to have fun.

Grace is going to a summer camp. She will sleep in a cabin.

She will make lots of new friends. Grace will learn campfire songs.

Camp will be fun. Grace is going to Cape Cod with her parents.

We are going for two weeks. We are going to drive. Grace will see the ocean.

Cape Cod will be beautiful. Summer vacation is fun.



Article #12 Cleaning Up Leaves

The leaves are changing colors. I see red maple leaves.

I see orange maple leaves. I see yellow maple leaves.

The leaves are beautiful. It is starting to get cold.

The wind is strong. Winter is coming. The leaves fall off the trees.

On Saturday, we will clean them up. The whole family helps.

My Dad gets the rake. My Mom gets the garbage bags.

My brother and I help too. We gather leaves with our hands.

We make a big pile. My brother and I jump in the leaves.

We make a big mess. Our parents don't mind.

Our parents fill our coats with leaves. We look really big.

Everyone laughs. Play time is over. Back to work.



Article #13 Susan's Wedding Day

Susan is getting married. Her fiancée's name is Michael.

They are in love. They are getting married today. Susan wakes up early.

She is getting her hair done. Susan is having her make up done too.

Susan looks beautiful. She puts on her white wedding dress.

She puts on her veil. Susan needs something blue. Her garter is blue.

Susan needs something old. Her grandmother's ring is old.

Susan needs something borrowed. She is wearing her mother's jewelry.

Susan needs something new. Her shoes and dress are new.

Susan needs a penny for her shoe. It will bring her good luck.

Susan is ready to get married.



Article #14 Remembrance Day

My grandfather fought in World War II.

My grandmother was a nurse in World War II. Today is November 11th.

Today is Remembrance Day. Today we celebrate soldiers.

Everyone wears a poppy. Poppies are red flowers.

Poppies remind me of my grandparents. Poppies remind me of their sacrifice.

At 11:00 AM there are two minutes of silence.

People remember their friends and family.

People recite the poem "In Flanders Field." It is a sad poem.

It helps us remember. Today we wish for peace in the world.



Article #15 Halloween Night

Halloween is fun. My mom buys candy. My Mom buys potato chips.

My Mom buys chocolate bars. It is for the trick or treaters.

My Mom buys me a costume. It is a ghost costume. I am going to be scary.

My sister is going to dress up as a princess. She will have a wand.

She will have a crown. She will look beautiful. My Dad buys a pumpkin.

It is going to be a Jack O'Lantern. We draw a face on the pumpkin.

We carve the face with a knife. Our Jack O'Lantern looks funny.

We go trick or treating. We knock on the neighbor's door.

We say, "trick or treat." Our neighbors give us candy. We say thanks.

We go to many houses. We go home. Our parents check our candy.

It's safe. We eat lots of candy. We don't feel very good. We go to bed.



Article #16 Christmas Eve

Ben and Melissa are getting ready for Christmas.

Ben and Melissa's house has lots of lights on the roof.

The lights are many colors. Inside they listen to Christmas music.

Ben and Melissa drink eggnog. Eggnog tastes good.

Ben and Melissa hang stockings on the fireplace. They string popcorn.

Ben and Melissa put the popcorn string on the Christmas tree.

They put Christmas lights on the tree. They put tinsel on the tree.

Ben and Melissa put ornaments on the tree. They put a star on top of the tree.

They get ready for Santa Claus. They leave milk and cookies for Santa.

Ben opens one present. Melissa opens one present. They go to sleep.

Ben and Melissa wake up early. They run down stairs.

There are a lot of presents under our tree. They wake up their Mom and Dad.

Ben and Melissa open their presents. They love our presents.

Everyone cleans up the wrapping paper. It is time for breakfast.



Article #17 Thanksgiving

We are having Thanksgiving at our house. My whole family is coming.

My parents bought a turkey. It weighs 30 pounds. It takes a long time to cook.

My Mom wakes up early to cook the turkey. I clean the house with my Dad.

The house smells good. We help Mom in the kitchen.

I peel potatoes and carrots. My Dad makes pumpkin pies.

My Mom cooks squash. I help my Mom make stuffing.

I mix the bread and spices. We make good stuffing. It goes inside the turkey.

We put on nice clothes. I set the table. My Dad carves the turkey.

My Mom makes the gravy. Our relatives arrive.

We say, "thank you" for all we have. We eat and eat.

It is a good Thanksgiving.



Article #18 Learning How to Drive

Amy is 16 years old. She lives in a small town.

Amy is learning how to drive. Amy's dad is giving her lessons.

Amy's dad's name is Howard. Amy has had three lessons.

Amy and her dad argue during the lessons.

Amy's mom is giving her driving lessons.

Amy's mom's name is Jane. Jane has given Amy a lesson.

Jane has decided to stop giving Amy lessons.

Jane and Amy argue during the lessons too.

Amy's parents call a driving school.

Amy is going to get lessons from a professional.

The classes cost \$300 for 10 lessons. The lessons are very good.

Amy learns how to drive. Amy gets her license.



Article #19 Housework

There is always housework to do when you live in a house.

You have to wash the windows so that you can see outside.

The floors and the carpets need to be vacuumed.

The floors also need to be washed, and some of them need to be waxed.

The furniture has to be polished. The bathroom has to be kept clean.

After you have a bath, you need to clean out the bathtub.

Laundry needs to be done regularly, or you will run out of clothes to wear.

The clothes go into the washing machine, and then they have to be dried in the dryer.

Sometimes, we hang the clothes out on the line to be dried.

Some of the clothes need to be ironed.

You have to buy groceries and put them away. Meals need to be made.

You can't let the dishes pile up in the kitchen.

The dishes have to be washed, and the counters need to be wiped.

The stove needs to be cleaned, and sometimes the refrigerator and

the cupboards need to be cleaned out.



You can dust the furniture and sweep up the dirt. You can make the beds.

The beds have to be changed too.

They need to have clean sheets put on them.

There are just so many things to do. Household chores take up a lot of time.



Article #20 Working Outside

Today I was working outside. It was a sunny day, and I was very hot.

I wore a hat on my head. I watered all the plants. I weeded the flower beds.

I cut back all of the plants that were growing too big.

I gave some of the plants plant food. I cut the lawn. I raked the lawn.

I filled up the bird baths with water. I swept the sidewalks and the paths.

I took out the garbage. I filled the car up with gas. I washed the car.

I hung out the clothes on the clothesline. I washed down the lawn furniture.

I washed all of the windows on the house from the outside. I was so tired.

So I had a glass of lemonade. I talked to my neighbor, and I helped her trim a tree.

I planted some bulbs, and then I went into the house. I was exhausted.



Article #21 Daily Schedule

I wake up every morning at seven o'clock. I take a shower. I eat my breakfast.

I usually have toast or cereal. I brush my teeth. I put on my clothes.

I catch the school bus. I ride to school.

In my class, we have math and English before recess.

At recess time, the girls skip, or walk around and talk.

The boys play in the playground or play baseball.

After recess, we have physical education and geography.

We eat lunch, and then we play outside.

When the bell rings, we line up to go back into the classroom.

After lunch, we have history and science. At recess, we play ball again.

Some of girls play ball too. In the winter, we build snowmen.

If it is too cold, we stay indoors and talk to each other.

After recess, we have music and health. We get out of school at three thirty.

I sometimes walk home with my friends, or I take the bus.

I have a snack and change my clothes when I get home.



I change into my pajamas. If it is raining, I watch television.

If it is nice outside, I play with my friends. I have supper at five thirty.

On some nights, I help my mother to do the dishes.

After supper, I do my homework. I wash my face and hands, and brush my teeth.



Article #22 Meals

Breakfast is very rushed at our house.

My brothers and sisters and I have toast or cereal. We also have orange juice.

On weekends my mother makes bacon and eggs for us.

My father just has a cup of coffee for breakfast.

My mother packs a lunch for all of us.

We usually have a sandwich, a piece of fruit and a drink of juice or milk.

My favorite sandwiches are egg salad, tuna, roast beef and ham.

My brother always wants peanut butter and jam sandwiches.

My mother sometimes packs a treat for us.

Today we had cookies with our lunch.

At supper time, the family sits around the table and talks about what they did all day.

My mother makes good suppers. We sometimes have spaghetti.

My mother makes a roast of beef with potatoes and vegetables quite often.

She makes many different dishes out of chicken. She makes soups or stews.

She also makes casseroles. My brothers and sisters and I have milk with our dinner.



My parents sometimes have wine with their dinner.

Sometimes we have salad before our dinner. I set the table for my mother.

I put out the forks, the knives and spoons.

I also put out glasses and fill them full of milk or water.

For dessert, we sometimes have ice cream, cake or pie.

My mother said that it is better to have fruit because it is better for you.

Tonight, I ate a peach for dessert.

My favorite fruits are apples, peaches, plums and bananas.

After supper, my mother always has a cup of tea with sugar and cream in it.

After dinner, I help my mother with the dishes.

Usually she washes the dishes, and I will dry them.



Article #23 Seasons

There are four seasons. Winter is the cold season. It snows in the winter.

The winds blow, and ice forms on the water. We play hockey on the ice.

We play in the snow. After winter is the spring.

That is when it begins to get warmer. Trees get buds on them.

Flowers start to bloom. It rains a lot in the spring.

Spring is followed by the summer. It can get very hot in the summertime.

The sun shines brightly. We go swimming in the summer.

We spend a lot of time outdoors. Many people go on vacations in the summer.

We get a summer vacation from school. Summer is followed by the fall or autumn.

The leaves on the trees change colors.

They change from green to red, orange and brown.

The leaves fall off the trees. The weather gets cooler. The days get shorter.

We go back to school in the fall. Then, winter comes again.

The seasons follow one after each other.



Article #24 Weather

You can watch the weatherman on TV, to find out what the weather will be like.

It might be a nice clear day with no clouds in the sky. The sun might be shining.

It could be a cloudy day. Sometimes, cloudy days are just dull.

On some cloudy days, it begins to rain or snow. Some days are rainy.

You need a raincoat, umbrella and boots on a rainy day.

Rain makes the flowers and grass grow.

The weather forecast might say that it will be windy.

You could have a gentle breeze.

It might be very gusty so that the wind pushes you.

It is dangerous if the wind is very strong.

A hurricane or tornado is very dangerous.

Once in a while, the weatherman says there will be hail.

Hail stones are hard cold pellets of ice that fall from the sky.

Sometimes, the weatherman will say that there will be snow flurries.

Sometimes, there is just a light dusting of snow.



Sometimes, there is a blizzard or a snowstorm.

It can be dangerous driving through a blizzard.

If there is a lot of snow, the streets have to be plowed.

You need a hat, coat, mittens and boots on a very cold day.

Sometimes, the weather forecast is wrong.

The weatherman might say that it will be a sunny day, but then the clouds come in and it rains. That is not good if you are planning a picnic.

I prefer sunny days that are warm but not too hot.

I like to feel a gentle breeze to cool me down.



Article #25 House

A house is divided into different rooms. In my house, there is a living room.

There is a couch, two chairs, a coffee table and a television set in the living room.

In the kitchen, there is a stove and a refrigerator.

There is also a sink and a dishwasher in the kitchen.

There is a kitchen table and chairs.

We eat most of our meals at the kitchen table. We have a dining room.

There is a dining table and chairs in there. There is a washroom or bathroom.

There is a toilet, sink and bathtub in the bathroom.

There is also a shower in the bathroom. We have three bedrooms.

The bedrooms are upstairs. My brother's room, my room and my parent's room all have beds in them. We also have dressers in our rooms.

There are closets in all of the bedrooms.

We keep our clothes in the closets. There is a basement in our house.

We store things in the basement. There is a laundry room in the basement.

There is a washing machine and a dryer in the laundry room.



This is where we wash and dry our clothes.

There is a garage attached to the house. We keep the car in the garage.

You drive up the driveway and into the garage.

We also have a front yard and a back yard.

There is a vegetable garden in the back yard.

There are some flowers and a tree planted in the front yard.



Article #26 School

There are different types of schools. There is an elementary school.

The children at the elementary school are young.

There is a playground for them to play in. The classrooms are bright and airy.

There are blackboards in the classrooms. The children sit in desks to do their work.

There is a parking lot for the teachers to park in.

There is a cafeteria for the students to get food. The principal has an office.

Nobody wants to go to the principal's office.

It usually means that you are in trouble if you have to go to the principal's office.

When you finish elementary school, you go to high school.

Most of the students in high school are teenagers.

There is a parking lot outside the high school.

There is also a football field outside. The students go to classes in different classrooms. They move from classroom to classroom for each subject.

There is a cafeteria where they can get their lunches or eat the lunches that they have brought from home.



There is a gymnasium where students have physical education.

Dances are also held in the gymnasium. Some students go on to university from high school. Students at the university are older.

Some of the students are even senior citizens.

People come from all over the world to attend the university.

There are lots of different things at the university.

There is a theater where plays and concerts are held.

There is a bookstore where students can buy their textbooks.

There is a physical education building that has a swimming pool in it.

The parking lot at the university is very big.

They call the land that the university is on a campus.

Some of the students live on campus in residences.



Article #27 Subjects

There are many subjects that you can take at school. My favorite subject is music.

I like to sing and to play the clarinet. I also like art. I am quite good at drawing and painting. History is a good subject. I like learning about the past.

Geography is very interesting. We look at many maps in geography.

We learn where there are deserts and mountains.

I know the names of all the continents and all the oceans.

Mathematics is my least favorite subject. I am not very good with numbers.

I am good at addition and subtraction, but I am not good at division and multiplication. In my school we learn to speak French.

We learn French because Canada has French and English-speaking citizens.

English literature is a good subject. I enjoy reading books.

I also like to write compositions and poetry.

Science is my brother's favorite subject. He is interested in plants, and he likes to do experiments. We also take drama at my school. I like to act.

I got the lead role in the school play.



Article #28 International Students

We have many international students at my school.

Some of the students come from England.

They speak English, but they have an accent that is different from a Canadian accent.

Many students are from Japan. They are learning our language and our customs. We have students from Germany, Italy, China, Korea and Iran.

We try to make those students feel welcome here.

The students like to see what is here. They go sightseeing.

They visit all the places that the tourists like to go to.

Niagara Falls and Toronto are interesting places to visit.

The students practice their English by talking to Canadians.

When they first get here, we show them around.

They do many exercises to learn the language. They listen to English songs.

They read story books that are written in English.

They listen to English language tapes.

The best way to learn the language is to talk to other people.

It is good to ask questions in English.



Canadians try to be helpful to international students.

Some of the international students live with host families.

The host families have the students living in their homes.

It is a good way for the host families and the students to make friends.

Many of the international students stay in contact with their friends and host families even after they have gone back to their homelands.

The international students learn a lot from their host families because they eat Canadian foods, and they learn what it is like to live in a Canadian household.



Article #29 Interests and Hobbies

It is very rewarding to have different interests and hobbies.

Some people like to play computer games.

Other people spend a lot of time watching television.

There are people who would rather watch movies.

Some people prefer more physical things.

They would rather play a sport like baseball, hockey or basketball.

Some people do exercises at a gym, or they just go for walks.

There are many ways to exercise. You can ride a bicycle or lift weights.

There are people who like to collect things.

They can collect all kinds of different things.

You can collect stamps, coins, dolls, postcards, movies, rocks or posters.

Some people even collect bugs or leaves.

Some people are lucky enough to be able to travel.

You can travel to a nearby place, or you can travel far away to a different country.

There are people who like to listen to music. People have different tastes in music.



Some people like rock music, rap, classical music, or folk music.

There are many different types of music.

Some people would rather play music than listen to it.

You can play an instrument, or you can sing.

Many people learn to play the guitar or the piano.

Some people join bands or orchestras.

There are people who like to read books. There are a lot of different hobbies.

It depends on what you consider to be fun.

You can have more than one hobby or interest.

It is good to be interested in a lot of different things.



Article #30 Movies

I go to the movies almost every week.

Sometimes, I rent movies from the video store.

My favorite films are action films. I like to watch car chases.

I like it when the bad guy has a shootout with the good guys.

I like the good guys to win. I also like science fiction movies.

I like things that take place in the future.

I like movies that have aliens from different planets in them.

Some of the science fiction movies can be silly and unbelievable.

I don't like those ones. My mother likes dramas.

She has a lot of favorite actors and actresses.

She sometimes watches sad movies that make her cry. She also likes comedies.

She laughs out loud if a comedy is very funny. My father likes horror movies.

He likes movies with monsters in them. He also likes thrillers.

I have watched some thrillers that keep you tense and on the edge of your seat.

Sometimes, I have to shut my eyes if the movie gets too scary.



My brother likes animated films. In animated films, there are no actors, just cartoon characters. My brother goes to the movies on Saturday afternoons with his friends. He goes to the matinee. He gets popcorn, candy and pop. He usually comes back with a stomach ache because he eats so much. Sometimes, my father watches documentaries. Documentaries are about real things. You can learn a lot from watching a documentary. I watch documentaries with him sometimes, but I would rather see a good action film.



Article #31 Flowers

I go to the movies almost every week.

There are hundreds of different types of flowers. Most people like roses.

Roses grow on bushes, and they smell beautiful.

You have to be careful that you don't prick your finger on a rose thorn.

Roses come in many colors. There are red, pink, yellow and white roses.

In the spring, tulips are in bloom. In Ottawa, there are many tulips.

Some people go there just to see all the tulips in the spring.

Forget-me-nots are also spring flowers. They are tiny and blue.

Lilies of the valley look like white bells.

Many of the trees have blossoms on them in the springtime.

The apple and cherry trees look particularly beautiful when they are in blossom.

We have a blossom festival in my town.

My neighbors like to plant geraniums, petunias and marigolds in the summer.

Some people plant sunflowers. Sunflowers grow very tall.

Sometimes a girl will get an orchid for her date. They have bright yellow petals.

All of those flowers grow best in the sunshine.



If your garden is shady, you have to plant different things.

Hostas grow well in a shady garden.

Chrysanthemums are fall flowers. Chrysanthemums come in many colors also.

There are purple, yellow and white chrysanthemums.

Flowers are good to give as gifts.

Women like to receive a dozen roses on Valentine's Day.

Carnations also make a nice gift. They have a very sweet smell.

Many people give away lilies for Easter.

Poinsettias are very festive at Christmas time.

If someone goes to a dance, they often give their partner a flower to wear.

If you go to a wedding, you will probably see a lot of flowers there.

Flowers help to make places beautiful.



Article #32 The Shopping Mall

There are many different stores in the shopping mall. There are ladies' wear stores.

They sell dresses, blouses, and many kinds of clothes for women.

In the men's wear stores there are suits, ties, shirts and slacks.

There are also clothing stores that appeal just to teenagers.

Some clothing stores only sell childrens' clothes.

There is even a store that just sells bathing suits and cover-ups for the beach or pool.

There are lingerie stores that sell ladies' underwear and nightwear.

There are hardware stores that sell tools. There are shoe stores.

You buy shoes and boots in a shoe store. There are bookstores.

You can buy a book on almost any topic at the bookstore.

There are stores that sell compact discs. Those stores also have tapes and videos.

There are sports stores that sell special shoes and clothes for sports.

They also sell sports equipment, and t-shirts and hats with the

logo of your favorite teams. There are gift stores that sell all kinds of things that someone might want for their house.



There are kitchen stores where you can buy utensils and pots and pans.

Those kinds of stores also sell aprons and napkins,
and anything you might need for your kitchen.

There is a movie theatre at the mall.

There is a jewelry store that has a lot of gold and silver jewelry.

There is a hairdresser in the mall. Sometimes, I go in there to get my hair cut.

There are fast food places in the mall. You can get a quick lunch like a hamburger
or some French fries. There are also fancier restaurants in the mall.

You can sit down for a nice meal. There is a furniture store in the mall.

You could buy a new sofa or bed at the furniture store. There are bulk food stores.

At a bulk food store, all the foods are in bins.

You take as much as you want and pay for it at the counter.

There is even a telephone store and an electronics store at the mall.

My brother's favorite store is the toy store. He could spend hours in there.

There are also department stores at the mall.

Department stores sell all kinds of things.



They sell perfume, clothes, shoes, kitchen utensils, or just about anything you might need. You can get almost anything you want at the shopping mall.



Article #33 Travel

It is fun to take a trip to a faraway place. My brother just went to Italy and France.

He got on a plane at Toronto Airport. He took a flight to France.

He stayed there for a couple of days. He visited the Eiffel Tower.

He was in Paris. He said that he enjoyed the food in France.

He then traveled to Italy. He saw many towns and villages in Italy.

He went to Rome and visited many of the tourist attractions.

In Venice, he saw the canals. He tried to speak Italian, but he is not too good at it.

He said that the people were very helpful. They tried to understand him.

He bought souvenirs for us when he was in Italy. He ate Italian food.

He said that pizza in Italy is quite different from the pizza we eat here in Canada.

He saw many streets that were made of cobblestones. He saw many old buildings.

A lot of people in Italy travel around on scooters. He stayed at a very

nice hotel in Italy. He was sorry when it was time to come home.

My brother likes to travel. He likes to fly in airplanes.

The airlines lost his luggage once.

He was not too pleased about that. Next year, he would like to travel to England.



Article #34 The Farm

My uncle is a farmer. He lives on a farm. He has many different types of animals.

In the barn, there are horses and cows.

The cows swish the flies away from themselves with their tails.

It sounds very loud if a cow says "moo" when you are standing there.

The cows eat the grass from my uncle's field. He gets milk from the cows.

I put a saddle on one of the horses and went for a ride.

There are pigs in the pigpen. He has goats.

He says that the goats will eat just about anything.

He has a chicken coop with chickens in it. The chickens lay eggs.

Have you ever seen baby chicks? They are very cute.

My uncle collects the eggs every morning. There is a rooster too.

The rooster crows when the sun comes up. My uncle also has a goose.

The goose makes a honking noise. I don't think that the goose likes me.

It nips me when I go near it. Many cats live in my uncle's barn.

They are stray cats, but he lets them stay there because they keep the mice away.



My uncle feeds the cats. My uncle says that he would like to get some sheep for his farm. You can get wool from sheep.

There are a lot of animals on my uncle's farm.



Article #35 Transportation (1)

Every family that I know has at least one car. Some families have two, or even three cars. Most people get their license to drive when they are sixteen.

In my house, we just have one car. If my father takes the car to work, my mother will take the bus. I ride in a school bus to school.

My sister works in another town. She gets on the train to go to work.

The train station is not far from my house. The train tracks run right by my house. My grandfather from Ireland came to visit us.

He came over by boat. He had to cross the ocean. We went to Florida last year.

We flew on a plane. The plane flew right through the clouds.

My friend's brother drives a motorcycle. He wears a helmet.

I rode on his motorcycle once. I had to sit on the back and hold on tight.

I ride my bicycle when the weather is nice.

I also have a scooter that I use to travel around. I took a helicopter ride once.

The helicopter's propellers were going around when I got on.

It went straight up in the air. I enjoyed the ride.



www.aprendainglesozinho.com



I would like to learn how to fly a plane or a helicopter. I like flying through the air.



Article #36 Holidays

In Canada, we have many different days that we celebrate.

On the first day of January, there is New Year's Day.

That is when we ring in the new year, and say goodbye to the old year.

In February, there is Valentine's day.

That is the day when you tell your girlfriend or boyfriend that you love them.

You can buy them flowers or candy, or take them out to dinner.

In March, there is Saint Patrick's Day.

Everyone pretends that they are Irish on Saint Patrick's Day.

They all wear green. Easter comes in the spring.

Easter is a religious holiday. Some people celebrate by going to church.

Some people think that the Easter bunny comes and leaves chocolate eggs for them.

In May, there is Victoria Day. We celebrate this day in honor of

England's Queen Victoria. There are fireworks on Victoria Day.

July the first is Canada Day. In September, there is Labor Day.

This is the day that we honor the working man or woman.



In October, there is Thanksgiving.

We give thanks for all the things that we are fortunate enough to have.

We usually have a turkey dinner on Thanksgiving Day.

On the last day of October, there is Halloween.

The children dress up in costumes, and go from door to door collecting candies.

Remembrance Day is in November. People wear red poppies, and

they remember all the people that died for their country.

Christmas comes in December. Christmas is also a religious holiday,

but many children believe that Santa Claus arrives on Christmas Eve in a sleigh

pulled by reindeer. They believe that Santa Claus fills up their stockings with toys

and goodies. He gets in and out of people's houses through their chimneys.

We don't get off work or school for all of these days,

but many of them are holidays from work and school.



Article #37 Diseases

Some diseases are very deadly, and some are not so serious.

Most people catch a cold sometimes. A cold makes you cough and sneeze.

Colds can be passed on from person to person. Some people get the flu.

With the flu, you get chills and a fever. A fever is a high temperature.

If you have the flu, you will feel very bad. You have to stay home in bed.

There are diseases that children get. The mumps makes you have

lumps in your neck. Chicken pox and measles leave you with red itchy

dots on your skin. Older people sometimes get arthritis.

Their bones get stiff and sore. There are people who get heart disease.

In many cases, a healthy lifestyle can prevent heart disease.

Cancer can attack different parts of the body. Many smokers get lung cancer.

Some diseases are treated with pills or medicine.

Other diseases need to be treated in the hospital.

Sometimes doctors need to give you tests to find out what kind of disease you have.

The doctor might have to do a blood test or an x-ray to find out what is wrong with you. Most diseases can be cured by a doctor.



Article #38 Jobs

There are many different jobs that you can choose from.

You can be a doctor or a nurse. You could work in a hospital or doctor's office.

You might be a firefighter and put out fires. A policeman enforces the law.

An actor plays roles on stage or in the movies.

You could drive a taxi or be the pilot of an airplane.

What kinds of things do you like to do?

You might want to be a sales clerk in a store. Maybe you are good at a sport.

You could be a baseball player or a hockey player. Being a dentist is a good job.

A dentist fixes teeth. If you are good at arguing, you might want to be a lawyer.

Do you like to fix people's hair? You could be a hairdresser or a barber.

If you are good with your hands, you might want to be a carpenter or a mechanic.

If you like to travel, you could be a stewardess or a travel agent.

You could be a teacher or a photographer. Are you artistic or creative?

You might want to be an artist or a writer. You could work on construction and build houses. You could look after animals and be a veterinarian.

If you like to cook, you could be a cook or a chef.



There are so many places to work, and so many jobs to do.

Maybe you could fix computers or work in a library.

You could wash windows or be the captain of a ship.

There is no limit to what you can be.



Article #39 My Body

On the top of my head, I have hair. Below my hair is my face.

I have two eyes. I have eyebrows and eyelashes. Below my eyes, I have a nose.

My mouth is below my nose. I have lips.

If I open my lips, you will see my teeth and my tongue.

Below my mouth is my chin. On the sides of my head, I have two ears.

My cheeks are on either side of my nose. My neck holds up my head.

My neck attaches my head to my chest. On either side of my chest are my shoulders. My arms hang down from my shoulders.

I have wrists on my arms. My hands are attached to my wrists.

My fingers are part of my hands.

I have ten fingers and ten fingernails. My back is at the back of me.

Further down, there is my waist. If I wear a belt, I put it on my waist.

My hips are below my waist. My legs come down from my hips.

My legs are made up of my thighs, my knees and my calves.

My knees can bend. My ankles are below my legs.

My feet are attached to my ankles. My toes are part of my feet.



I have ten toes and ten toenails.

I am me from the top of my head to the tip of my toes.



Article #40 Clothing

I change my clothes a lot. If I am going somewhere fancy, I wear a dress.

I wear stockings on my legs, and I wear a pair of nice shoes.

If I am going to play sports, I wear a sweatshirt and jeans.

If I am going to the beach, I wear a bathing suit or a bikini.

My brother wears swimming trunks to the beach.

At work, I wear a skirt and a blouse. Underneath my clothes, I wear underwear.

A lady wears a bra and panties as underwear.

A man wears boxer or jockey shorts as underwear.

Today, I am wearing a blouse and a pair of jeans over my underwear.

I have socks and shoes on my feet. In the summer, I often wear sandals on my feet.

In the summer, the tops that I wear are usually sleeveless.

I usually wear shorts in the summer.

Sometimes, I wear a sweater or a jacket if the weather is cool.

I wear a cap or a hat on my head.

I wear a belt to hold up my jeans or my slacks.



Women sometimes wear a dress or a skirt.

Men wear a pair of slacks and a shirt. Some men wear a suit and a shirt and tie.

If it is very cold outside, I wear a winter coat.

If it is cold, I like to wear gloves or mittens on my hands.

Sometimes, I wrap a scarf around my neck to keep warm.

I wear a toque on my head in cold weather. I wear boots on my feet in the winter.

If it is raining, I wear a raincoat. The way that I dress depends a lot on the weather.



Article #41 Colors

Red is a vibrant color. Roses are sometimes red. Blood is red.

White is the color of snow. Clouds are very often white.

Blue is the color of the sky and the ocean. Black isn't really a color at all.

Tar is black. A crow is black. Green is the color of grass.

It is also the color of leaves on the trees in the summer.

Brown is the color of dirt. Many people have brown hair.

Yellow is a bright color. Most people use yellow when they

draw a picture of the sun. Orange is an easy color to remember,

that is because an orange is orange. Pink is the color that we dress baby girls in.

We dress baby boys in blue. Purple is the color of some violets.

The Canadian flag is red and white.

What color is your flag?



Article #42 Wild Animals

Some animals are wild. They don't live in homes or cages.

They live in jungles or on plains. The lion is the king of the beasts.

He is very mighty. He roars loudly. The giraffe has a long neck.

He eats leaves from the tallest trees. The elephant is very large.

He has a trunk and two tusks. A tiger has stripes.

Some bears are black, and some are brown.

There are even white bears called polar bears. A kangaroo lives in Australia.

That is the only place that you would find a kangaroo, except in a zoo.

It might be frightening to run into a wolf or a fox.

Monkeys run and play in the trees.

In Canada, we don't see lions, tigers, giraffes or monkeys running wild.

There are squirrels in my back yard. Sometimes, I see a raccoon or a chipmunk.

In northern Ontario, you might see a moose or a bear.

I have seen a deer in the forest.

There are many wild animals. You can see wild animals if you go to the zoo.



Article #43 Months

There are twelve months in the year. January is the first month of the year.

It is usually cold in January. February is the second month of the year.

It is still winter when February comes. They say that March comes in like a lion and goes out like a lamb. That means that it is still usually cold, and sometimes stormy when March begins.

By the time that March ends, the weather is starting to get a little better.

April is the rainy month. April showers bring May flowers.

Many of the spring flowers bloom in May.

The weather can be quite mild in May. June is usually a nice warm month.

Many people get married in June. July can be hot. People have vacations in July.

It is a month to do summer things. It is still summer in August, but the summer is winding down. August is the time to have last minute vacations.

In September, we go back to school. The autumn winds begin to blow.

October really feels like autumn. October is Halloween time.

November is when we really start to feel the chill.

December is the Christmas month.



Most people do a lot of Christmas shopping in December.

They spend quite a bit of time getting ready for Christmas.

All of the months are different. Which month were you born in?



Article #44 Days of the Week

There are seven days of the week. Sunday is a day of rest for some people, but many people still have to work. Quite a few people go to church on a Sunday.

On Monday morning, we go back to school after the weekend.

Many people say that they don't like Monday because it is the beginning of the work week. Tuesday is a school day and a working day.

I don't think that there is anything special about a Tuesday.

Wednesday is the middle of the work week. On Thursday, many of the stores and malls stay open later. It gives you a chance to run some errands on a Thursday night.

On Friday, you feel like the work week is nearly over.

Some people say, "thank goodness it is Friday."

They look forward to the weekend. On Saturday, many people can sleep in late.

People get errands done on Saturday.

You see a lot of people in the grocery store on a Saturday.

Most children look forward to Saturday so that they can play with their friends.

Then, Sunday comes again. The weeks turn into months, and

the months turn into years. Time goes by quite quickly.



There are seven days of the week. Sunday is a day of rest for some people, but many people still have to work. Quite a few people go to church on a Sunday.

On Monday morning, we go back to school after the weekend.

Many people say that they don't like Monday because it is the beginning of the work week. Tuesday is a school day and a working day.

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Then, Sunday comes again.



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Time goes by quite quickly.



Article #45 Describing Things

Some things are different shapes. They can be described by their shape.

A circle is round. A compact disc is a circle. A square has four equal sides.

A rectangle is similar, but two of the sides are longer.

A triangle has only three sides. Have you ever seen anyone play a triangle in an orchestra? The word "triangle" can stand for an instrument or a shape.

An oval is rounded, but it is not round. An egg is an oval shape.

The floor is flat. If something is smooth, it has no bumps or lumps. Silk is smooth.

Some things are rough. Sandpaper is rough.

If something is dull, it is not sharp or pointed.

A dull knife will not cut bread because the blade is not sharp.

If something is pointed, it has a sharp end. A sharp pencil has a pointed end.

A pencil that has been used a lot, and hasn't been sharpened has a dull end.

Some things are soft. A teddy bear is soft. It feels good to touch.

Some things are hard. A rock is hard. Soft can also represent a noise level.

If you have a soft voice, it is not very loud.



If someone tells you to speak softly, they want you to speak quietly.

"Loud" is the word used to describe noises that hurt your ears.

A big truck will make a loud noise.

Sometimes your mother will tell you that your music is too loud.



Article #46 Fruit

Some fruit grows on trees. Apples grow on trees.

You can get red, yellow or green apples.

Some apples are green until they ripen; then they turn red.

Peaches grow on trees. Peaches have a fuzzy skin. Cherries grow on trees.

You can climb a ladder and pick cherries from the tree.

Cherries and peaches have pits inside them. The pits are not edible.

Pears also grow on trees. Lemons grow on trees. They are very sour.

Have you ever picked strawberries? Strawberries do not grow on trees.

You have to bend down to pick strawberries.

Have you ever tried strawberry shortcake? It is very good.

Grapes grow on vines. People use grapes to make wine.

There are many types of berries. There are blackberries, blueberries, raspberries and cranberries, just to name a few. Some fruits are more exotic.

There are mangos and papayas. They don't grow in Canada.

Bananas and oranges don't grow in a Canadian climate either,



but we are able to buy them here.

Some fruits have to be peeled, and some can be eaten as they are.

It is always a good idea to wash fruit before you eat it.

The farmers spray the crops with pesticides to kill bugs,
so it is good to wash that off.



Article #47 Bugs

Many people are afraid of bugs.

Some bugs do bad things like eating crops or clothes.

Some bugs, such as termites, even eat wood.

Other bugs can be good. Spiders catch flies.

Flies are not good because they carry germs.

Insects get caught in the web that the spider builds.

Ants get into homes and eat food. Bees are good because honey comes from bees.

It is not good if you get stung by a bee. A caterpillar turns into a butterfly.

Butterflies can be very beautiful. You can find grasshoppers outside on a sunny day.

Grasshoppers hop through the grass.

Crickets make a noise by rubbing their legs together.

Dragonflies usually live near water. They have large, colorful wings.

Ladybugs are red with little black dots. There are many types of beetles.

Nobody wants to have cockroaches in their house.

Centipedes have many legs. Fleas get onto your pets and bite them.



They make your dog or cat itchy.

Mosquitoes can make you itchy when they bite you.

Have you ever had a mosquito bite?



Article #48 The Kitchen

The kitchen is where we make and eat our meals. There is a stove in the kitchen.

Inside the stove there is an oven where you bake things.

You can put a cake into the oven to bake. On top of the stove are burners.

The burners get hot. You put pots or pans on the burners.

The refrigerator is where we store the food that needs to be kept cold.

We keep milk, eggs, cheese and vegetables in the refrigerator.

At the top of the refrigerator is the freezer. The freezer keeps things frozen.

We have frozen vegetables, ice cream and ice cubes in the freezer.

We have a toaster in the kitchen. You put the bread in the toaster,

and it turns into toast. We have an electric kettle.

We boil water to make tea in the kettle.

There is a double sink in the kitchen. That is where we wash the dishes.

We turn on the hot tap, and put some dish detergent into the sink to wash the dishes.

Sometimes we put the dishes into the dishwasher,

and the dishwasher washes the dishes. There are other things in the kitchen.

There are utensils like knives, forks and spoons.



There are tea towels and dish clothes.

There are oven mitts and pot holders to take hot things out of the oven.

There are pots to cook and boil things in. There are pans to fry things.

We have dishes that we eat from. We have plates for our dinner,
and bowls that we can put our soup in.

We drink from cups, or coffee mugs, or glasses.

We keep our juice in a pitcher or a jug.

There is a timer that you can set when you are cooking.

The timer buzzes when the food is ready.

We also have a microwave oven in the kitchen.

If we are in a hurry, we cook our food in the microwave.



Article #49 Vegetables

Vegetables are very good for you.

They say that you should have three servings of vegetables every day.

I like green peas. Peas come in pods. I also like snow peas.

You eat the pods on the snow peas. I like corn when it is on the cob.

Carrots are good to eat raw. Beans are good for you.

There are many different types of beans.

There are string beans, kidney beans, baked beans and lots of other types of beans.

Some people don't like green vegetables like broccoli and Brussels sprouts.

I like broccoli and Brussels sprouts.

You can make a salad and put lots of different vegetables into the salad.

In my salads, I like lettuce, tomatoes, celery, cucumber, radishes, cauliflower and spring onions. I try to have a salad with dressing on it every day.

My dad likes root vegetables like beets and parsnips.

My brother will only eat potatoes. He likes his potatoes baked.

My mother likes to buy her vegetables at the market.



She says they are fresher there. My mother buys a lot of onions.

She puts onions in almost all the meals that she cooks.

Some children won't eat their vegetables.

I didn't like some vegetables at first, but I have become used to them.

I like having vegetables with my meals.



Article #50 Pets

There are many different animals that you can have for pets.

The most common pets are cats and dogs.

I think the second most common pets are birds and fish. You can hug a cat or a dog.

You can play with a cat or a dog, but it is difficult to play with a bird or a fish.

Some birds are very smart, and they can be taught to do things.

Parrots are very clever. Some of them even talk. Birds usually stay in birdcages.

Fish have to stay in the water in a tank or a fishbowl.

Some people have gerbils or guinea pigs as pets.

There are even people who have ferrets as pets.

I have a friend who has a lizard for a pet.

She has to buy live crickets for her lizard to eat.

Another friend of mine has a pet snake.

I don't think I would like to have a pet snake.

There are different types of dogs. Some dogs are very big, and some are small.

A Labrador retriever is a big dog. A poodle is usually a small dog, although there



are some large poodles. Some dogs are noisy, and they bark a lot.

Other dogs are quiet and obedient. I once had a dog. It was a cocker spaniel.

I used to take it for walks. There are different types of cats too.

My favorite type of cat is a Siamese cat. Siamese cats have blue eyes.

My mother had a Persian cat. It was very furry.

My mother said that it used to shed fur all over the house.

Pets are a lot of fun, but they are a lot of work too.

To be a good pet owner, you have to be very responsible.



Article #51 Parties

Parties can be a lot of fun. People get invited to parties.

You can have a party because it is a special occasion, or just because you want to have a party. Sometimes, people wear paper hats at parties.

These are called party hats. Some people decorate with streamers and balloons.

At some parties, there is a cake. Sometimes, there are just snacks and drinks.

At some parties, people play games. There are also parties where people just stand around and talk. People wear different things to parties.

You can go to some parties in casual clothes.

At other parties, you need to be dressed up in good clothes.

There are other parties where you are supposed to wear a costume.

There are many different kinds of parties. There are Christmas parties, birthday parties, going away parties, and parties for no reason at all.

I have been to parties for people who are retiring, or for people who have just had a new baby. There are hundreds of reasons for having a party.

At some parties, you take a gift. If it is a birthday party, then you take a gift and



a birthday card to the person who is having the birthday.

Sometimes, people will ask you to bring food or drinks to the party.

All parties are different. It is nice to be invited to parties.



Article #52 Grocery Shopping

What do you see when you go to the grocery store? The aisles are filled with food.

There are also refrigerators and freezers filled with food.

There are sometimes things in bins in the middle of the aisles.

There are different departments in the grocery store. There is the bakery.

In the bakery, there are sweet things such as cakes, pies, cookies and tarts.

There are also things that you would eat with your dinner like bread and buns.

There are other things in the bakery department like bagels and biscuits.

The baker works in the bakery. There is the canned goods section.

This is where you might find sauces and soups.

Vegetables and fruits also come in cans.

There is the section for dairy products. Here you would find milk and cream.

The dairy section would also have cheese and butter.

Yogurt is also found in the dairy section.

In the meat department, there is beef and pork.

Poultry is also found in the meat department. Poultry is chicken, duck and goose.



There are also cold cuts in the meat department.

Cold cuts are the meats that are sliced up for sandwiches.

Some examples of cold cuts are ham and baloney.

The butcher works in the meat department.

The produce department is full of fruits and vegetables.

Clerks spray water on the fruit and vegetables to keep them fresh.

There is a section in the grocery store for personal hygiene.

This is where you would find shampoo and toothpaste.

Soap and skin products would also be in this section.

There is even a section for your pets. You can buy cat food and dog food.

Grocery Shopping There are toys for cats and dogs.



Article #53 Differences

Are you tall or short? Are you big or small?

People come in many different shapes and sizes.

Some people wear size small clothes. Other people wear size medium clothes.

There are people who wear large size clothes.

Some people even wear extra-large clothes. Some people are thin.

Some people are fat. Some people are in between.

There are people with short hair. Other people have long hair.

Some people have no hair at all. No two people are exactly alike.

Some people have long legs. I have short legs.

I don't walk as fast as a person with long legs. I am not a tall person.

In fact, I am quite short. My feet are a size seven. My mother has size five feet.

My father has size twelve feet. We are all different sizes. It is not a bad thing.

It is a good thing that we are all unique.



Article #54 The Restaurant

When you go to a restaurant you might see a sign that says,

"Please wait to be seated." A host or hostess will ask you how many people are in your party. Then they will want to know if you want to sit in the smoking or non-smoking section. The host or hostess will take you to your seat.

You might sit at a table or at a booth.

The host or hostess will give you a menu to look at.

Sometimes, there are different menus for different meals.

There can be a breakfast menu, a lunch menu and a dinner menu.

Sometimes, there is also a wine list and a dessert menu.

The food and the prices of the food are listed on the menu.

On your table, there will be cutlery. Cutlery is the knives, forks and spoons.

There will also be a napkin. You are supposed to put your napkin on your lap when you eat. Your waiter or waitress will take your order.

You might want an appetizer before your meal.

Some people want a salad or soup before their meal.

After your meal, you might have a dessert, or tea, or coffee.



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When it is time to go, you will pay your bill and leave a tip for the waiter or waitress.



Article #55 Traffic

Traffic moves along on the streets and highways.

There are rules that drivers must follow to make the traffic flow smoothly.

You must wear a seatbelt. The seatbelt helps to keep you safe.

You must stop at all stop signs. You must also stop at a red light.

A green light means go, and a yellow light means to be careful.

If you see a sign that says school crossing, you have to be careful because you are near a school, and children might be crossing the street.

Some places are crosswalks. Those are places where people cross the street.

People who are walking have the right of way.

If you hear a siren behind you, you must pull over.

An emergency vehicle like a police car or an ambulance might need to get somewhere fast. When a school bus puts on its flashing signals, you have to stop.

You can't go past the school bus because children may be crossing the street from the bus. You should always obey the speed limit. It is not good to drive too fast.

People should never drink and drive. Driving is a serious business.



You have to obey all the rules to be a good driver.



Article #56 Music (1)

If you were in an orchestra, what would you play?

Would you play a tuba, a trumpet or a saxophone?

Perhaps you would prefer a stringed instrument like a violin or a cello.

Maybe you would enjoy percussion more. You could play the kettle drum.

There are instruments that have keyboards. A piano and an organ have keyboards.

There are instruments that have strings on them.

A guitar, banjo and mandolin have strings on them.

There are instruments that you blow into.

A flute, a French horn and a harmonica are all instruments that you blow into.

There are instruments that you hit with a stick.

A drum and a cymbal are two things that you would hit with a stick.

If you are in an orchestra, you have to watch the conductor.

He will lead you through the piece of music.

You might just want to be in a band for fun.

You could join a rock band or a dance band. Some people learn to read music.

Music notes are written on a staff. Each note represents a sound.



There are whole notes, half notes, quarter notes and eighth notes.

Each one of these is held for a different number of beats.

It is good to learn about music.

You have to learn your scales, and learn about sharps and flats.

If you want to learn how to play an instrument, it is best to take music lessons.



Article #57 Who, What, Where and Why?

These are important words. They are all words that begin questions.

"Who" is about a person. Who is the girl with the blue dress on?

Who stole my watch? Who will come with me to the game?

Who is driving us to the party? "What" is about a thing.

What is that big thing on the sidewalk?

What should I do when I get to your house?

What kind of clothes should I wear to the party?

What shall I buy you for your birthday? "Where" is about a place.

Where are you going for your vacation? Where did I leave my glasses?

Where did my brother go? Where on earth is Timmins?

"Why" is the word that asks for an explanation.

Why did you take the last piece of pie? Why is the world round?

Why should I give you any money? Why did the chicken cross the street?

They say that you should answer all of these questions if you are writing a story.

You have to give the who, what, where and why to write a good story.



Article #58 Which Direction?

Which direction should I go in? Should I go up?

If I go up, I will head toward the sky. I can go up the stairs.

Should I go down? I can go down the stairs to the basement.

I can climb down into a hole. Should I go left or right?

I am right-handed, so I know which way right is. Should I go backwards?

I would be going away from the things that I am facing now if I went backwards.

If I went backwards from the thing that I am facing, I would go away from it.

If I went backwards from the thing that I am facing, I would go away from it.

Should I go forward? I will just go straight ahead if I go forward.

If I am facing something and I go forward, then I will go toward the thing that

I am facing. Maybe I should go sideways, but which side, left or right?

It sounds very complicated, but it is not.

Directions are very easy to follow if you just stop and think about them.



Article #59 The Office

Some people work in an office.

There are special tools that people in an office need to do their work.

There is a computer in the office. There is a telephone.

Most of the time, the secretary answers the telephone.

The secretary sits at a desk. The secretary has pens and pencils on the desk.

The secretary writes on a note pad.

Some other things that you would find in an office would include the following:

a stapler to staple pages together, a photocopier to copy pages, a pencil sharpener to sharpen pencils, a water cooler where the employees could get a drink of water, a hole punch to make holes in sheets of paper, and liquid paper which is used to blank out errors on a page. Some offices have many employees in them.

All of the employees have their own desks.

Other offices just have one person at a desk.

In some offices, there is a secretary or a receptionist, and

then there is the boss in another room. There are often many important papers in an office. Important papers can be called documents.



You might have to sign a document or fill out a form in an office.

Some offices have bookshelves filled with books.

The books are filled with information that the people in the office need.

You will have to visit an office sometime.

Maybe it will be a doctor's office or a lawyer's office.

There are many different types of offices.



Article #60 Money

I keep my money in the bank. I have saved up my money.

I saved all my pennies in a jar. A penny is only worth one cent. I have nickels.

A nickel is worth five cents. A dime is worth ten cents.

A quarter is worth twenty-five cents. A quarter is a quarter of a dollar.

Four quarters make up a dollar. A dollar is worth one hundred cents.

I saved up all of my dollars. Our dollars used to be paper, but now they are coins.

We call our dollars loonies. It is a funny name. We also have two dollar coins.

We call those toonies. We have five dollar bills and ten dollar bills.

If you are lucky you will have twenty dollar bills, fifty dollar bills and

even hundred dollar bills. Our bills in Canada are different colors.

That makes them easy to recognize if you go somewhere to spend them.

It is wise to save your money. If you save enough, you could have hundreds or thousands of dollars.



Article #61 Manners

It is good to be polite. People like you more when you are polite.

Always say please and thank you. If you ask for some milk, you should say,

"Please, may I have a glass of milk?" When someone gives you the milk,

you should respond with "Thank you." It is not difficult to be polite.

You should not push or shove people. You should cover your mouth when you

cough or sneeze. You should address people properly.

If you are trying to get someone's attention, you would say, "excuse me."

You wouldn't say, "hey you." There are table manners.

That is where you eat properly and politely at the dinner table.

You don't shove food into your mouth.

You don't reach over other people's plates. You don't talk with your mouth full.

All of these things are common sense.

Being polite is mostly thinking about how you would like to be treated.

You wouldn't want people to be impolite to you. It is not polite to point at people.

It is not polite to burp out loud.



It is not polite to use someone else's things without asking first.

Being polite just comes naturally if you have been brought up in a home where everyone was polite.



Article #62 The Two Sexes

There are two sexes or genders. There is the male gender, and there is the female gender. Males and females are different, both physically and mentally. Humans are both male and female, and animals are both male and female.

If you have a dog, it is either a girl dog or a boy dog. Boys grow up to be men.

Men grow hair on their faces. Men are usually more muscular than women.

Men dress differently than women. Men are males. Males are masculine.

Girls grow up to be women. Only women can have babies.

Women are females. Females are feminine. Another word for women is ladies.

It is good that we have males and females. Your father is a male.

Your grandfather, brother and uncle are males. Your mother is a female.

Your grandmother, sister and aunt are females.



Article #63 Me

I am special. Nobody in the world is exactly like I am.

They might have the same color hair and eyes that I do,

but they are not exactly like me.

I am the only person in the world who thinks my thoughts.

No two people in the world are exactly alike. It is good to be your own person.

It is good to be creative and be natural. People have to follow the laws and the rules. People should always be kind to others. I try to follow all the rules.

I am kind to others. I am a lot like many other people, yet I am different.

I am like my friend Jane, but she has red hair and I have dark hair.

She has a loud voice, and I have a soft voice. She likes to eat vegetables,

and I do not. Jane and I are the same height. We both like movies,

and we are both afraid of spiders. We wear the same size shoes,

and we both have the same favorite color. We are best friends, but sometimes we disagree about things. We are alike in many ways, and different in many ways.

If we were all exactly the same, the world would be a very boring place.

I am myself, and I am glad that I am special. You are special too.



Use your own special talents, and take the time to meet other people.

The world is made up of a lot of different people; that's what makes life exciting.



Article #64 My Cat

I got my cat when she was just a tiny kitten. I named her Puff

because her fur is soft and fluffy. She has white fur, but her tail, paws and ears are black. She has a little pink nose and yellow eyes.

She says "meow" whenever she wants a bowl of milk. I feed her cat food and treats. She washes her face with her paw when she is finished eating.

My whole family loves her, and we can tell that she loves us.

She loves to curl up in our laps. She purrs whenever we pet her.

She is very playful. We sometimes roll up a piece of paper and throw it to her.

She loves to chase the paper and hit it with her paws. She also chases bugs.

Last night she chased a spider, but she was afraid to touch it.

At night, she curls up in my bed with me. She likes to be warm.

I have given her a blanket of her own, but when I put her on it her tail twitches.

Her tail twitches whenever she is upset or angry.

I know that she doesn't want to be on her blanket. She wants to be in my bed.

I let her into my bed, and she falls asleep purring loudly.



Article #65 Music (2)

My family is very musical. My father plays the guitar. He plays in a band.

The band plays country music. My mother is a singer in the band.

She also plays the piano. I took the flute in music class at school.

I play the flute in the school band. I also sing in the school choir.

I have a low voice. My sister has a high voice. She is a soprano.

At home, I like to practice the drums, but my mother says that it is too loud.

Sometimes I play so loudly that I break a drumstick.

I practice whenever she goes out. I would like to be in a rock band.

Some of my friends and I are thinking of starting our own rock band.

My sister is a very good piano player.

She has won many awards at music festivals. She likes to play classical music, but sometimes I get her to play rock music with me. She is also a very good singer.

I like to sing with her. We sing in harmony.

I listen to music all the time on the radio. I know a lot of songs.

I can sing along with most of the songs that come on the radio.



I memorize the lyrics of the songs.

My sister and I sometimes get together and sing our favorite songs.

Maybe someday we will start our own rock band, and I will be the drummer.



Article #66 Spring

It rains a lot in the spring. The trees are full of buds, and the flowers are starting to bloom. My favorite spring flowers are tulips and daffodils. The birds come back from the south.

I can always tell that spring is here when I see my first robin of the season.

The robins pull worms from the wet ground. When it isn't raining, my friends and I go outside and toss a ball around. We look forward to the summer, but we are glad to get outside after the long winter.

The air smells so fresh in the spring. My mother always tells me not to track mud into the house. It's very muddy in our yard in the springtime.

I wipe my muddy feet before I go into the house.

There are a lot of puddles in my yard. I sometimes splash in the puddles, and I get wet and cold, so I have to go into the house.

I like it when the snow has melted, the rain has stopped, and the sun comes out.

On sunny days, I always get together with my friends.

On those days, we either ride our bikes or play ball.

My parents like to go for walks on spring evenings.



They also like to clean up the yard in the spring. Everyone seems to be outside.

The springtime brings people out of their houses.



Article #67 The Birthday Party

Yesterday I went to a birthday party. My friend Jane had her tenth birthday.

Her house was decorated with balloons and streamers.

Her mother had baked a big birthday cake.

The cake had "Happy tenth birthday Jane" written on it.

There were ten candles on the cake. Jane blew out the candles and made a wish.

I wonder what she wished for. Your wish won't come true if you tell anyone what it was. We sang "Happy birthday to you." At the party, we played some games.

I won one of games so I got a prize. We also swam in Jane's swimming pool.

Jane opened her gifts. Her gifts were wrapped in bright paper and bows.

She got lots of nice gifts. She got some compact discs, some clothes and some computer games. Jane thanked everyone.

We ate a lot of food at Jane's party. We had hot dogs.

I put mustard and ketchup on my hot dog. Then we ate cake and ice cream.

We had pop to drink. I think I had too much cake and ice cream.

I was very full by the time the party was over.



We thanked Jane and her mother before we all went home.

It was a very good party. Everyone had a good time.

I hope Jane had a happy tenth birthday.



Article #68 My Classroom

My classroom is a large room. It is full of brightly colored pictures.

My teacher hangs pictures up all over the walls.

There are blackboards at the front of the room.

My teacher always has writing all over the blackboards.

Sometimes the chalk squeaks when she writes on the blackboard.

We cover our ears when that happens. Our classroom is full of desks.

There are a lot of students in our class. Our desks are full of books, notebooks and pens. I try to keep my desk neat, but I have a lot of things in there.

My ruler and pencils are always falling out of my desk.

At the back of the room is a bookcase full of books.

We can sign those books out and take them home to read.

I have read a lot of the books. I like mysteries and biographies, so I have taken many of those home. There are also tables at the back of the room.

That is where we do our artwork. We spread out big sheets of paper, and we use paints or crayons to make pictures. Sometimes we cut things out of



magazines with scissors and we glue pictures to the paper. I like art class.

After school, my friends and I often erase the blackboards for the teacher.

Then we take the erasers outside and clap them together to get the chalk dust out of them. My friends and I walk home together and talk about what we did in school and what we're going to do after supper.



Article #69 Vacation

My family and I went on vacation to Lake Huron.

The water is beautiful and blue there, and the sand is nice and white.

The week that we were there was very hot. The sun was hot, but the water was still very cold. I went swimming and tried to catch little fish in my hands.

I was careful not to get sunburned. We stayed at a hotel that had a pool and a game room. I played pinball and video games sometimes.

I liked to swim in the hotel pool, but I liked the beach better.

I would lie on a big beach towel and get warm; then I would jump in the water and cool off. Sometimes I would just lie on the sand and watch the waves roll up on the shore. I found some seashells, and I saw a crab walking on the sand.

At first, I was a bit lonely because I didn't know anyone there.

It wasn't long before I met some other kids my age.

We built sandcastles together and swam in the lake.

The other kids were from different towns, so we told each other stories about our schools and friends. We found that we had a lot in common even though we were



from different places. Our families got together and went to restaurants together.

We played volleyball on the beach, and we sat around a campfire at night and sang songs. At the campfire, we would roast marshmallows on a stick.

I always burn my marshmallows. That is okay. I like them that way.

Mostly we just swam in the lake until we were very tired.

I was sorry when our vacation was over. I had a good time at Lake Huron.

I met some very good friends there. We still write to each other.

Maybe we'll see each other next summer.



Article #70 My House (1)

I live in a two-story house. The bottom of the house is painted white.

The upper part of the house is made of red brick.

The chimney is also made of red brick. If you go through the front door and turn right you'll see the living room. The living room is very large and comfortable. There are easy chairs, a coffee table and a sofa in there.

I like to sit in there and relax. Next to the living room is the dining room.

There are a dining table and chairs in there. We use this room whenever we have visitors over for dinner. Beside the dining room is the kitchen.

The kitchen has a stove and a refrigerator in it. There is also a kitchen table with some benches at it. Most of the time we eat in the kitchen.

Upstairs there are three bedrooms. My parents' bedroom is very big.

They have a large queen-sized bed in there, and there are two closets for their clothes. My room is smaller. My room is painted pink, and I have ruffled curtains on the windows. From my bedroom window, you can see the front yard.

There is a pine tree in the front yard. My brother's bedroom is painted blue.



He has blinds on the windows. He has a bunk bed in his room.

If he has a friend stay over, one of them can sleep on the top bunk, and the other one can sleep on the bottom bunk. He can see the back yard from his bedroom window. There are rose bushes and a picnic table in the back yard.

There is also a white fence that has gate in it. In the basement, there is a recreation room. This is where we watch television and have friends over to visit. The laundry room is also in the basement.

There are a washing machine and a dryer in there. Beside our house is a garage.

We keep the car in the garage whenever the weather is bad.

Our house is just the right size for our family.

Friends are always welcome at our house.



Article #71 My Family

My grandparents are coming to visit us from Calgary, Alberta.

My father is very happy because they are his parents, and he is glad that he will see them. We don't see them very often because Calgary is a long way from Toronto. My grandparents have two sons: my father and my Uncle Bill. Uncle Bill is married to my Aunt Susan.

They have a daughter who is my cousin. My cousin is a lot older than I, so we do not have a lot in common. They also have a son who is the same age as me. He is my favorite cousin because we both like the same television shows and the same games. I have two brothers and one sister.

My brothers are both younger than I.

They are twins, so they have the same birthday.

My sister is one year older than I. People say that my sister and I look alike.

We both have blonde hair and blue eyes. My mother's parents live near us.

They are the grandmother and grandfather who visit us often.

My mother does not have any brothers or sisters. She is an only child.



I like it when all my family is together.

I don't have a lot of cousins like some people do, but I have fun with my relatives. My uncle will often take my cousin and me to the movies.

I like to take my grandparents for walks so that they can see my school, and they can meet my friends. My parents talk to my brothers, my sister and I a lot. We are a very close-knit family.

People who have close families are very lucky.



Article #72 Winter

Once the fall is over and the snowflakes start to fall I get very excited.

I can hardly wait for the ground to be covered with a blanket of white snow.

I put on my mittens, my scarf, my hat, coat and winter boots,

and I run out into the fluffy snow. I have to be careful not to slip on the ice.

It can get very icy and cold in the winter.

The first thing that I do is to build a snowman. I sometimes build a snow fort too.

My friends and I like to have a good snowball fight.

We laugh a lot, and our cheeks and noses get very red.

When we get too cold, we go into the house and have a cup of hot chocolate.

My father fills the backyard with water that freezes and turns into an ice rink.

When the ice is hard enough, my friends and I get our skates and

we go out on the ice to play hockey. All of my friends own hockey sticks.

I am usually the goalie, and I have to keep the puck from going into the net.

My sister and her friends don't really like to play hockey.

They would rather just skate around on the ice.



I took skating lessons, so I don't usually fall down.

My little brother is just learning to skate, so he falls down a lot.

My father has to shovel the snow off the paths and the driveway in the winter.

I help him. Shoveling snow is hard work.

When my Dad and I finish shoveling the driveway, we go into the house and warm our hands and feet in front of the fireplace.

There is probably nothing more beautiful than fresh fallen snow on the trees.

In the morning, when the sun shines on the snow, it glistens.

I like to leave my footprints in the snow. Winter can be very beautiful and exciting.



Article #73 Autumn

Some people call autumn the "fall." You can call it either one.

Autumn is the time when the leaves change color.

They change from green to beautiful shades of gold, orange and red.

It looks like an artist has come along and painted all the trees.

The air starts to get a little cooler in the autumn.

We begin to wear jackets or sweaters. We go back to school in the autumn.

The teacher sometimes gets us to make leaf collections.

We collect different types of leaves and make a display of them.

Autumn is the time when old friends get back together and

talk about what they did on their summer vacations.

Halloween comes in the autumn. We dress up in costumes.

Some of them are scary, and some of them are funny.

We go from door to door and say, "Trick or treat" and people give us candies.

We wear masks on our faces, and we have a lot of fun.

The autumn winds start to blow.



The wind blows the leaves right off the trees until the trees have bare branches.

My friends and I like to have a lot of fun outside before the winter leaves us shivering. We play football and soccer at school.

After school, we ride our bikes through piles of dry leaves.

The leaves go flying through the air as we drive through them.

My parents rake the leaves up and put them in big pile.

I like to jump in the big piles of leaves, but then my parents just have to rake them up again. The skies get a little cloudier in the autumn, and we know that soon there will be snow, so we enjoy the brisk autumn weather while we can.



Article #74 Summer

Yahoo! School is over! We are free for the summer.

My friends and I run out on the last day of school into the bright summer sun.

We sing a song about "no more pencils, no more books."

We can hardly wait to do all the summer things that we like to do.

We go swimming, we play baseball, we ride our bikes and we go to the beach.

We go on vacations, or some of us go to summer camp.

It is just nice to run barefoot through the grass or lie on your back and

look up at the clouds. Summer days are lazy days.

We don't have to do school work. We listen to the buzzing of the bees.

We watch the birds as they fly from tree to tree.

We go down to the pond and toss rocks into the water.

We eat ice cream, and we have barbecues. Some of my friend's parents have boats, so we go for rides in their boats. Some of my friends go to their cottages.

They have cottages on lakes. Some of my friends even have summer jobs.

My best friend works at the supermarket. My father pays me to do jobs for him.



I cut the grass, take out the garbage and wash the car.

I like to be outside in the sunshine. On Sundays, my mother will pack a picnic lunch, and we go down to the park. Sometimes we play baseball.

There is also a tennis court at the park. I am a very good tennis player.

My sister just likes to swing on the swings and slide down the slide.

We eat our sandwiches and watch out for the ants that always seem to be at picnics.

After we have our lunch, my sister and I run off to play with the other children.

My Dad has a nap, and my Mother reads her book.

My skin gets brown from the sun in the summer. Summer is my favorite season.

I like the sounds, smells and feelings that come with the summer sun.


Summer is a lot of fun. I wish summer could go on forever.

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Article #75 The Doctor

I didn't feel very well last week. I had a sore throat and a fever.

My mother took me to see the doctor. When we got there, the nurse took my name and said that the doctor would be with me soon.

The doctor was a very nice man in a white jacket.

I had seen the doctor before when I had my tonsils out at the hospital.

The doctor took a light and looked in my ears. He put a stick on my tongue, and he shone his light into my mouth. He looked at my throat.

He said that my throat was a bit swollen and red.

He felt my neck and said that my glands were swollen.

He took my temperature and said that it was quite high.

He listened to my heart, and he made me cough. He asked me some questions.

He said that he might have to do some tests. He sent me to get some blood taken out of my arm. I was scared, but it didn't really hurt.

The doctor gave me some pills and told me to take one in the morning and one at night. He told me to drink a lot of fluids. He told me to get plenty of sleep.



I did exactly what the doctor told me to do.

It wasn't very long before I was feeling well again.

I think that I might like to be a doctor when I grow up.

I would like to make people feel better.



Article #76 The Dentist

My friend's father is a dentist. He has an office near my house.

I went to see him on Thursday. His nurse told me to sit in a very big chair.

She tied a bib under my chin. The dentist came in.

He examined my teeth with some shiny silver tools.

He looked at my front teeth and my back teeth.

He told me that the back teeth were called molars. He told me to "open wide."

He had a little mirror that he used to look at my teeth.

He said that I had good strong teeth. He told me that I didn't have any cavities.

I told him that I didn't eat a lot of candies and that I always brushed my teeth after every meal. He said that was very good.

He asked me if I flossed my teeth, and I said, "Yes, I use dental floss every day."

He told me that my teeth were healthy because I took very good care of them.

He left and told me to keep up the good work. The dental hygienist came in, and she said that she would clean my teeth for me.

She scraped my teeth with a sharp tool, and then she put some polish on my teeth



and began to clean them. When she was done, she told me to spit into a bowl, and then I rinsed my mouth out with water.

I looked into a mirror and saw that my teeth were very shiny and white.

If I take care of my teeth, I'll have them forever.

I would like to keep my teeth healthy and white. I like to smile.



Article #77 The School Play

We are putting on a play at school.

Some of the students are actors in the play. Some people are building the sets.

Some people will sew costumes, and some people will be makeup artists.

The teacher is the director of the play.

The play will be held on a big stage in the gymnasium.

The curtains will open, the lights will go on, and the play will begin.

It will be very exciting. All of our families will come to see the play.

They will clap when the play is over. My friend is very good at cutting wood and building things. He is helping to build the set. My other friend, Michael, is an artist, so he is painting the set so that it looks like a forest.

My friend Marie likes to put makeup on people, so she is a makeup artist.

She will put makeup on me so that I will look like an old woman.

Some of the mothers helped to sew the costumes.

The play is called "Hansel and Gretel." I will play the part of the witch.

The boy who plays Hansel has to wear shorts and a shirt.



I wear a witch's hat and a black dress. I also carry a broom.

Some of the people in my class will be dressed like trees and flowers.

This is a musical play, and the trees and flowers will sing to Hansel and

Gretel as they walk through the forest. I can hardly wait for opening night.

I want my family and friends to see me acting on stage.

I hope that they like the play.

We have all learned our lines and worked very hard at making this play a success.



Article #78 Emotions

Do you ever think about your emotions? What kinds of things make you sad?

I get sad when I get a bad mark in school, or when someone that I like moves away.

I sometimes see sad movies that make me cry. I don't like to be sad.

I don't like to have a frown on my face. I like to be happy.

I am happy most of the time. Parties make me happy.

Being with my friends makes me happy. Lots of things make me happy.

If someone tells me a joke, I laugh. I enjoy laughing.

Funny movies make me laugh.

I think that people look the best when they smile.

What kinds of things make you mad?

I get mad when my brother breaks one of my toys.

I try not to show it when I get mad. My parents get mad at me if I come home late.

I don't think anger is a good emotion.

It is best to stay calm and talk things over.

Emotions come from inside you, but they show on your face.



People can tell when you are mad, or sad or happy.

I prefer to look happy.

Sometimes I even smile when I am feeling sad,
and the smile makes me feel a little better.



Article #79 My First Job

I just got a job at the grocery store. This is my first job.

I will receive a pay cheque every two weeks. I wear a uniform.

The uniform has the name of the grocery store on it.

I have many jobs at the grocery store.

I have to collect all the carts from the parking lot and bring them back into the store.

I have to put all the produce out for the people to see.

I will be putting out the vegetables.

There are carrots, lettuce, cabbages, cucumbers and beans to put out this morning.

I also have to put the fruit out on the stands so that it looks nice.

The oranges roll away when I put them out, so I have to be careful.

I put out the apples, bananas and grapes.

I stack boxes up so that people can buy cereal and cookies.

I have to be careful, or the boxes will fall.

There are cans of things which also need to be placed on the shelves.



Article #80 The Lie

Yesterday I told a lie. I don't feel very good about it.

I was bouncing a ball in the kitchen, and the ball bounced up and broke a cup.

It was one of my mother's best cups, so I was afraid that she would be mad.

I put the broken cup back on the table, and I didn't tell anyone that I had broken it.

That night, my mother asked who had broken the cup.

My brother said, "not me." My sister said, "I didn't do it."

I said, "I didn't break the cup," but I was lying.

My mother said that we would all be punished, if someone didn't tell the truth and say who broke the cup. I still did not tell her that I had broken it.

She gave us one more chance, and said that she wasn't mad about the cup; she just wanted us to be honest. I still didn't say anything.

My brother, sister and I all got sent to our rooms.

We had to stay in our rooms all morning. My brother said that it wasn't fair.

I felt very bad because my brother and sister were being punished because of me.

I went to my mother and told her that I had broken the cup.



She said that she was not upset about the broken cup.

She knew that it was an accident. She was disappointed in me because

I hadn't come forward and told the truth.

She said that she wouldn't have punished me if I had been honest with her.

I told my brother and sister that I was sorry.

I felt bad because they were punished because I was dishonest.

I told my mother that I was sorry that I had lied to her.

I told her that I had learned a lesson. Honesty is the best policy.

It is better to tell the truth. It is not a good feeling when people don't trust you.

I have learned that lying just hurts people.

Sometimes it is hard to be honest, but it is the best way to be.



Article #81 Hobbies

A lot of people have hobbies.

Hobbies are interesting things that people like to do in their spare time.

My father has a hobby. He has a model railroad set that he put together.

A tiny electric train runs through make-believe villages and travels through tunnels and over mountains. My father also enjoys sailing.

He has a real sailboat that he takes us out on. He is teaching me how to sail.

I like to collect things. I collect comic books, stamps and coins.

I trade comic books with some of my friends, and sometimes I buy comic books at stores.

Some of the very old comic books are worth a lot of money.

I have stamps from all over the world.

Whenever any of my friends get a letter from a faraway place, they save the stamps for me. I have stamps from England, Japan, Australia and even Russia. I use a magnifying glass to look at the stamps, and I keep them in a special album. I don't have too many coins yet, but I have a very old dime from Canada,



and I have a coin with a hole in it from Africa.

My mother used to collect dolls when she was a little girl.

The dolls wore costumes from different countries.

My friend John's hobby is painting. He does oil painting.

He has even sold some of his paintings. He is a good artist.

My friend Linda sews. She has made clothes for herself and some of her friends. Maybe Linda will be a fashion designer when she gets older.

Sometimes people's hobbies lead them into their careers.



Article #82 Christmas

In December, Christmas comes. We get a holiday from school, and our parents get a few days off from work. Our family gets ready for Christmas by decorating the house. We decorate inside and out.

On the outside of the house we put up lights that twinkle and glow.

We have a wooden Santa Claus and reindeer set that my father puts up on the roof.

Inside, we put up a Christmas tree. Some years we have a real tree.

Real pine trees smell nice, but you have to be careful that they don't dry out and start a fire. This year we have an artificial tree.

We hang tinsel and ornaments on the tree.

We also hang strands of lights on the tree and put a star at the top.

Everyone thinks that the tree is beautiful when we turn on the lights.

We place gifts under the tree. There is a gift for me under the tree.

It is wrapped in red paper, and it has a big green bow on it.

Red and green are the Christmas colors. On Christmas Eve, my brother and sister and I will hang our stockings near the fireplace.

Santa Claus comes down the chimney and fills our stockings full of toys and



goodies. On Christmas morning, it is exciting to see what Santa has left for you.

My mother will make a big turkey dinner for us on Christmas day.

We will have lots of vegetables and good tasting foods to go with the turkey.

We will have dessert too.

Some of my family like Christmas pudding, but I will just have ice cream.

Last year some carolers came to the door. It was snowing outside.

They stood in the snow and sang Christmas carols to us.

My father gave them some money,

and my mother gave them some hot chocolate to warm them up.

They had lovely voices, and they sang some of my favorite carols.

We also collect food, gifts and money for some of the people

in town who cannot afford to have Christmas.

My family is collecting things for a poor family who live near here.

We had fun deciding which toys to buy for the children in that family.

It is a good feeling to share with people who do not have as much as you do.

My parents have always taught us that Christmas is a time for giving, not receiving.

I think they're right.



Article #83 Garden

The garden is very interesting.

I sometimes go outside and I watch all the things that go on in the garden.

It smells wonderful in the flower garden.

There are red, white, pink and yellow roses that have a sweet smell.

I watch the bees as they take pollen from the roses.

There are tiny bugs that live on the rose bushes.

My mother tries to get rid of the little bugs, but it is difficult to get rid of them.

She is glad to see the red ladybugs, who eat the little bugs.

The birds like the sunflowers. They like to eat sunflower seeds.

There is a birdbath in the garden.

The blackbirds and swallows go in there to take a drink or have a bath.

I sometimes see a robin or a blue jay in there too.

In the dirt, there are little holes where the ants go in and out.

The ants are hard workers.

I watch them as they work together as a team to bring food to their nests.



There are snails in the garden too. They carry their homes on their backs.

They move slowly and leave a silvery trail as they go.

They eat the leaves from my mother's plants.

My mother also has vegetables growing in her garden. She grows green peas.

We like to pick those and eat the peas raw, right out of their pods.

She grows lettuce and tomatoes too.

We have so many tomatoes that we always give some to our neighbors.

My mother sends us outside to pick lettuce and tomatoes whenever we have a salad.

My favorite vegetables are carrots. Their tops grow above the earth,

but the carrots are below the dirt. When you pick them,

you have to pull the carrots out from under the soil. Weeds also grow in the garden.

After a good rainfall, it seems that the weeds just spring up.

I pull the weeds out by their roots so that they won't grow back.

Weeds choke the good plants, so we don't want them in our garden.

Gardening is a good hobby. You get fresh air, sunshine and exercise.

You even get beautiful, colorful flowers and nice fresh food.



Article #84 The Pet Store

On Saturday, my parents took us to the pet store.

They had everything that you would need if you had a pet.

They had dog food, collars and leashes for dogs.

They had treats to give your dog, and brushes to brush your dog.

For cats, they had food, toys, and litter boxes.

For birds, they had seed and cages. There was a section for fish.

They had fish in big tanks and little bowls.

In the big tanks, there were colorful fish swimming around.

The girl who worked there said that they were tropical fish.

There were goldfish in the smaller fishbowls.

I saw the girl get a goldfish out with a little net.

She sold it to a boy who said he had another goldfish at home.

There was a very large cage with a parrot in it.

I walked up to the cage, and the parrot said "hello."

I was surprised that the parrot could talk. It could say a few things.



It said, "I love you," "pretty bird," and "bye-bye."

I told my mother that I would like a parrot, but she said that parrots need a lot of care and attention. At the back of the store there were some puppies.

They seemed glad to see me. I stuck my hand into the cage, and one of them licked my hand. They were very lively.

They were running around and chasing their own tails.

In the next cage, there were two kittens. One of them was playing with a toy, and the other one was asleep. The kittens were very small.

The one that was sleeping was curled up into a ball. I couldn't even see her face.

I didn't want to leave the pet store.

I was wishing that I could take all of the animals home with me.



Article #85 My First Day of School

I remember my first day of school. I was excited, but I was afraid.

I held my mother's hand as we walked to the school.

When we got near the school, I wouldn't let her hold my hand anymore.

I didn't want to look like a baby. We got to the school.

The school looked very big and frightening.

There were children outside on the playground. They all looked very big.

I looked at them, and some of them looked at me. I felt very small.

My mother and I went into the school and found the kindergarten room.

There were children in there. Most of them were the same size as me.

My mother spoke to the kindergarten teacher. The teacher was very nice.

She said my name, and she introduced me to some of the other children.

I already knew some of the children because they lived near me.

I began to play with some of the things that were in the classroom.

There were toy trucks, coloring books, and even a doll house.

I soon forgot to be scared, and I began to play with the other children.



I didn't even notice that my mother had left the room.

In school we sang songs, played some games and

listened as the teacher read us a story. I had a lot of fun on my first day of school.

I even drew a picture of my teacher.

I took the picture home, and my mother put it on the refrigerator.

I like school. It is a good place to meet new friends and learn all about the world.



Article #86 Transportation (2)

People move from place to place.

There are lots of ways that you can move around from one place to another.

Sometimes you can just move your feet and walk. Walking is good for you.

Some places are too far to walk to.

You might have to ride a bicycle or ride on a skateboard.

Some places are too far away to ride your bicycle to.

You might have to drive in a car, or a van, or even a truck. My father has a car.

My uncle has a van. I have never been in a big truck.

Trucks are usually used to carry big loads from one city to another.

I would like to be a truck driver. I would travel all over and sit high up in the cab.

I have been in a taxi cab. Once, my mother and I took a taxi to the hospital.

There was a special meter in the taxi.

When we finished our taxi ride, the driver looked at the meter to find out how much money we owed him. I once rode a horse.

I sat in the saddle and held on tight to the reins. The horse ran very fast.



It was a bumpy ride, and I was afraid that I would fall off the horse.

Not too many people around here use horses for transportation.

They used to use horses for transportation in the old days.

If you want to travel very far away, you have to go on a train, a plane, or a boat.

If you are in a hurry, it is best to take a plane.

Planes fly through the air very fast. Trains go along the tracks.

Sometimes I can hear the train whistle from my house.

Boats take a long time to cross the ocean.

Great big boats that cross the oceans are called ships. If you like to take it easy and look out at the water, then ships are a good way to travel.

They say that the world is a lot smaller now because of transportation.

People can travel to all parts of the world quickly and easily.

The world is not really smaller, but it has become easy to get to faraway places.



Article #87 Television

Do you watch television? My mother says that I watch too much television.

I watch cartoons on Saturday mornings. Cartoons make me laugh.

My brother and I each have our favorite cartoons.

We have trouble deciding which cartoons we will watch.

On Saturday afternoons, we like to watch sports.

My brother really likes to watch baseball, but usually my mother tells us to go out and play on a Saturday afternoon. On week nights, we have our own favorite shows. I like shows about outer space and monsters.

My brother likes comedies. He likes to laugh.

My mother likes shows about real life situations. She likes to watch the news.

She says that the news is important.

She watches the news and weather to find out what is going on in the world.

Sometimes she watches real life shows about doctors or policemen.

My father doesn't watch television.

He says that he would rather read a good book or the newspaper.



My dad gets all his news from the newspaper.

My favorite thing is to sit in front of the television with a bag of popcorn and a bottle of pop. I sit there and change the channels with the remote control.

I change channels and watch a few different shows at once.

My mother won't let me watch too much television.

She doesn't want me to get lazy.

Television is good if you don't spend too much time watching it.

You can learn a lot from television if you watch the educational channels.

I learned about dinosaurs and rainforests last week just from watching television.



Article #88 My Country

I live in Canada. It is a very large country that is made up of ten provinces and three territories. Most of the provinces and territories are quite unique.

For example, in Saskatchewan the land is flat, and it is not surrounded by water. They grow wheat in Saskatchewan.

British Columbia has mountains.

I have never been to British Columbia, but I hear that it is very beautiful.

Nova Scotia is on the Atlantic Ocean, so there are many fishermen out there.

The people in the provinces are even different from each other.

In Quebec, many of the people speak French.

In the Maritime Provinces, the people like to play their own kind of music.

They play fiddles and accordions, and many of them dance very well.

Nunavut is in the north, so life is quite different there.

The people who live in the new territory of Nunavut are very close to wildlife.

They do a lot of hunting and fishing.

It can get very cold up in the Arctic where Nunavut is. I live in Ontario.



Even within Ontario life can be quite different. The capital of Ontario is Toronto.

Toronto is a very busy city with lots of apartments, offices and shops.

Toronto is an exciting place, and it has a lot to offer.

There are theatres and restaurants to suit every taste.

The culture in Toronto is very diverse. If you drive a few miles north of Toronto, you will find places that are tranquil and peaceful.

Many people leave Toronto on the weekends and drive to their cottages where they find rest and relaxation. Canada is made up of many different cultures.

People of many different ethnic backgrounds live in harmony in Canada.

That is why I like Canada. In Canada, we celebrate our differences.



Article #89 Food

What kinds of food do you like to eat?

I am lucky, because in Canada there are many foods to choose from.

I like to eat hot dogs, hamburgers, and steak. These are all meat products.

I also like cheese, ice cream and yogurt. These are all dairy products.

I like vegetables. My favorite vegetables are broccoli, cabbage, carrots and peas.

I eat a lot of fruit. I eat whichever fruit is in season.

In strawberry season, I eat a lot of strawberries.

In peach season, I eat many peaches.

Sometimes, my mother will make a peach pie.

Many different crops grow in Canada. We have many orchards and farms.

Fresh fruit and vegetables are plentiful in Canada.

Meat and fish are also plentiful here.

In Canada, we have a lot of different foods to choose from.

In my city, there are a lot of Italian restaurants.

My favorite food at the Italian restaurant is pizza.



My parents would rather have spaghetti or lasagna.

There are Greek restaurants, Mexican restaurants and Chinese restaurants; in fact, there are restaurants from most cultures.

I can go around from restaurant to restaurant and pretend that I am traveling the world and trying all the different foods from around the world.

Sometimes I eat things that aren't good for me. I eat potato chips and candies.

These foods aren't part of a nutritious diet, but they are fun to eat.



Article #90 The Zoo

My class took a trip to the Toronto Zoo. I had a wonderful time there.

My favorite animals were the lions. They look very powerful and strong.

They say that the lion is the king of the forest, and I think that title suits him.

The monkeys were funny.

They were looking at us just as much as we looked at them.

They were swinging from branches and doing tricks to impress us.

There was a baby monkey that was clinging to its mother's back.

It was very cute. The tigers were pacing back and forth. They seemed restless.

The stripes on a tiger are very beautiful.

We watched the tall giraffes as they nibbled leaves off the tallest trees.

We spoke to a colorful parrot that spoke back to us.

We saw exotic animals that we had never seen before.

Some of them were very strange. There were different types of bears there.

There were black bears. I saw a black bear once when I was camping up north.

We saw polar bears. Polar bears are white. They like the cold.



We even saw panda bears. One of my friends bought a toy panda bear from the gift shop because she thought that the pandas were so cute.

We saw slithery snakes. Some of the snakes had very bright skins.

Most of the girls were afraid of the snakes.

The zoo keeper was looking after the snakes, and one of them hissed at him.

He has to be very careful when he works with the snakes.

The last thing that we saw at the zoo was the elephant. He was enormous.

He looked at us; then he raised his trunk and made a loud sound. It made us jump.



Article #91 The Museum

The museum was very interesting. There were so many things in the museum that I would need more time to really see everything. There were clothes from the past.

I don't know how people wore some of those things.

They look like they would be uncomfortable. I like to wear my jeans.

There were things from wars. There were bullets, and cannons and even uniforms from the soldiers. I don't think that war is a good thing, but it is good to remember the past and honor the people who died for your country.

There was an old fire truck at the museum.

This fire truck was pulled by a horse.

There were some very old photographs of the firemen putting out fires.

There were rooms in the museum that were set up like an old house.

There were antique irons and sewing machines.

The women used to clean the clothes with a washboard.

There were no modern appliances back then.

I'm glad that we have electricity and modern appliances.



The things that we have make life so much easier.

There were mummies from Egypt at the museum. I was fascinated by those.

There were artifacts from the Indians.

There were arrowheads and cradles that the babies slept in.

I tried my best to see everything, but it was almost impossible.

The museum is a good place to learn about your past.

I tried to imagine my grandparents using some of the things that were on display at the museum.



Article #92 The Police

My mother always told me that if I was lost I could go up to a policeman and that he would help me to find my way home. I never did get lost, but I always remembered what my mother told me about the police.

I think policemen look very nice in their uniforms.

I see police officers drive by in their police cars.

In my town we even have police officers on bicycles.

Policemen and policewomen have a job that can sometimes be dangerous.

They have to catch people who break the law.

Sometimes, they have to chase people or try to calm people down.

To be a police officer you need a lot of training.

It is important to be able to deal with people effectively.

A police officer came to our school. He had a police dog with him.

The officer showed us how the dog could track down criminals.

The dog was very smart. He could even find things that were hidden.

Criminals sometimes hide things that they don't want the police to find.

The policeman told us that he and his dog were partners.



His dog lives at his house with the policeman and his family.

Sometimes I see police cars on the side of the road.

The police stop people who are speeding or are not wearing their seatbelts.

The police officers warn people or give out tickets.

Sometimes they even have to arrest people.

Police officers are just doing their job when they arrest people.

Some people need to be arrested and put in jail to make it safer for the rest of us.



Article #93 Pretending

I like to pretend. I like to make up things that aren't real. I use my imagination.

I was pretending that I was in a time machine. I set the date for a prehistoric time.

I turned on the time machine, and it buzzed and whirred and spun madly.

When it stopped spinning, I opened the door and stepped out into a very thick jungle. I listened carefully to the sounds of the jungle.

I could hear strange animal noises, and the leaves were rustling.

I wasn't sure if I had gone back in time or had just landed in a jungle somewhere in the twenty first century. It didn't take me long to realize that I had indeed gone back in time. A very strange bird-like creature with a large beak flew overhead.

I had never seen anything like it in my life. I took a few steps out into the long grass and ferns. I didn't want to go too far away from my time machine.

I heard a noise over on my right side. There was a man who looked quite different from me. He was dressed in an animal skin, and he carried a big stick.

I didn't want him to see me, so I hid behind a tree. He didn't speak any language that I could understand. He grunted at someone who must have been in the distance.

Then, I felt the earth shake beneath my feet. I heard giant thumps on the ground as



the floor of the jungle shook. The man in the animal skin began to run.

I saw why he was running. A giant dinosaur appeared above the tops of the trees.

It was bigger than anything I had ever seen. My heart began to pound in my chest.

It was coming toward me. I ran toward my time machine and jumped in.

I set the dial for the twenty-first century. The machine whirred and buzzed.

My time machine landed in the twenty-first century. I got away just in time.



Article #94 A Baby

My aunt just had a baby girl. We went to the hospital to visit my aunt and to see the new baby. My aunt was feeling fine, although she was just a bit tired.

She walked with us to a big window that had lots of babies behind it.

She pointed to a crib with a baby in it. The baby was wrapped in a pink blanket.

We all said how pretty the baby looked. I couldn't believe how tiny the baby was. She was asleep, so we couldn't see her eyes.

When the baby went home, we went to visit her. We heard the baby.

She was crying. My aunt said that the baby was hungry.

My aunt had a baby bottle full of warm milk. She fed the baby with it.

The baby was happy after that. My aunt patted the baby on the back until the baby burped, and then the baby fell asleep. I held the baby.

I looked at her tiny fingers and tiny toes. I was very careful with her.

She opened her eyes and looked at me. I spoke to the baby, but I knew that she could not understand me. Babies have to learn to walk and talk.

My aunt changed the baby. Babies wear diapers, so they need to be changed



often. The baby has a lot of toys, but she is still too young to play with them.

My aunt says that it won't be long before the baby is crawling and trying to talk.

Babies are cute. I have seen pictures of myself when I was a baby,

and it's hard to believe that I was once that small.



Article #95 A Wedding

The church bells are ringing. I am inside the church waiting for my cousin to walk down the aisle. Today is her wedding day. She is a bride.

The organist is playing a song on the organ.

We all stand up and watch my cousin walk down the aisle.

She is arm in arm with her father. She is dressed in a long white dress and a veil. She looks so beautiful. She looks like a princess.

The man who she is going to marry is standing at the front of the church.

He is the groom. He looks nice too.

He is wearing a suit, and he has a flower in his lapel.

The minister says words to the couple which will make them man and wife.

The bride and groom smile at each other, but they seem to be a little bit nervous.

The give each other gold rings to wear to symbolize that they are married.

They kiss each other and walk out of the church as the organist plays joyous music.

Some of the people in the church cried at the wedding, but not because they were sad. Everyone in the church is very happy for the couple.



A photographer takes pictures of the happy couple.

We wish them well and look forward to the reception where we will have a dinner, and we will dance and have a good time until it is very late.

The bride will throw her bouquet of flowers, and it is said that whoever catches the bouquet will be the next bride.

The next day, the bride and groom will leave for their honeymoon.

My cousin and her husband are going to Mexico for their honeymoon.



Article #96 My Dad

My dad is the man whom I respect the most in my life.

He works very hard to make the money that supports us.

My mother has a job too, and she also works very hard.

My dad is the principal of a high school. He works at the school all day, and often has to go to meetings at night. He deals with parents, students and staff. There is always something that he has to deal with.

He has a lot on his mind. It doesn't matter how much work my dad has to do; he always has time for my brothers, my sister and me.

If I go to him with a problem, he will sit down and discuss it with me.

He doesn't yell. He is always very logical, and he tries to think of the best way to deal with things. My dad is a very patient man.

Once, I spilled some ink on some papers that he was working on.

I thought that he would be mad, but he didn't get angry. He said that it was okay.

He takes time out to do things with us. He has taken my brothers fishing.

He takes me to the arena to skate, and he helps my sister to write her essays and assignments. He always makes us laugh, and he makes us feel like we are very



special to him. He is a very good father, and on Father's Day I always buy him a card that tells him just how much he means to me.

I think it is important to have good parents.

I hope that when I have children I will be a good parent like my parents are to me.

Parents give children the foundation that they need to live good lives.



Article #97 My Mother

My mother does so many things. She has a job at a dress store; she cooks our meals; she cleans the house; she feeds the pets, and she still finds time to spend with us.

My mother is always busy, but she says that her favorite time is time that she spends with us. My mother works from Monday to Friday.

When she comes home from work, she makes something for supper.

We usually do the dishes, so that she won't have to do them.

After supper, she helps us with our homework, or she sits down to watch television.

Some nights she goes shopping, and she takes whoever wants to go with her.

Mothers are a little bit of everything.

My mother is like a teacher when she helps us with our homework.

She is like a nurse when she looks after us when we're ill.

She is like a cook when she makes meals for us.

She says that cleaning the house is her least favorite thing.

She says that the house gets dirty again right after you clean it.

She gets my father, my brothers, sister and me to help her with the cleaning.

My mother washes all our clothes, and sometimes she irons them if they need it.



My mother says that there are not enough hours in a day.

We try to help my mother as much as we can.

There is a lot of work involved in keeping a home neat and organized.

Most of my friends' mothers work. Mothers are the people who you go to when you need to be comforted. Mothers are the people who can make you feel better.

I'm glad that I have the mother that I have.

My mother is caring and funny. She is fun to be around.



Article #98 A Surprise

Last Friday my dad came home from work and said that he had a surprise for us.

We tried to guess what the surprise might be.

My brother guessed that we were going out for dinner. My dad said "no."

My other brother asked if my father had tickets to a hockey game.

My dad said "no." My sister asked if we were going on a trip. My dad said "no."

My mother knew what the surprise was, so she just stood and smiled at us.

I guessed that we might be getting a swimming pool. My dad said "no."

We were getting very frustrated trying to guess what the surprise might be.

My brother asked how big the surprise was.

My dad said that the surprise was quite small.

We were not sure what the surprise could be. "Will we all like it?" I asked.

"Yes" my dad replied. Every one of you will love this surprise.

We heard a noise. It was a crying noise.

"Your surprise wants to see you," my dad said.

He opened the door to the bedroom, and a tiny puppy came running out.

We were all very excited. Our surprise was a puppy.



It was a little baby spaniel. The puppy loved all of us.

She ran around and licked all of our faces. We had always wanted a dog.

We take turns feeding the puppy and taking her out for walks.

She is growing quickly and will soon be an adult dog.

We all agree that the puppy was the nicest surprise that my dad could have given us.



Article #99 Rhyming Words

Sometimes my friends and I play a game. It's something we made up,

so it doesn't have a name. We like to take words that rhyme.

We put them together line by line. Do you get the picture now?

We're playing the game, and this is how. I might say I like to drive a car.

I really don't like to go very far. If I decide to take a walk,

I'd go with a friend so that we could talk. Do you see that these lines rhyme?

Play the game if you have the time. We could talk about school or even playing.

Do you know what I am saying? Rhyming words is easy to do. It's fun for me;

it can be fun for you. Just join in and say something Or make it into a song that

you can sing. There are so many words that rhyme with others.

Like "smile" and "mile" and "mothers" and "brothers."

I could spend all day just making up these things.

I could let my imagination fly on wings Up to the clouds and back to my

mind. There are so many rhymes that I can find.

There are some words that are hard to find rhymes for.

I don't use those words anymore. I like to choose words that are easy to rhyme.



Like "cat" and "bat" or "lime" and "time."

So, give it a try, I know you'll have fun. I'll say "goodbye," my rhyming is done.



Article #100 Homework

Sometimes, my teacher gives us homework.

I don't mind doing my homework except when the weather is really nice, and all my friends are outside. On those nights, I'd rather be outside with them, so I try to get my homework done quickly.

Tonight, I have some English homework. We have been reading a book.

We have to read a chapter of the book and answer the questions at the end of the chapter. It is an interesting book, so the homework for this is quite easy.

My math homework is not so easy. I have to do some addition and subtraction.

I don't mind that, but there are some problems that need to be solved.

The problems involve addition, subtraction and multiplication.

I am not too good with numbers. I need to work harder on my math.

I just finished a project for history. I had to make a map of Canada with diagrams showing the routes of all the explorers. It was an interesting project because I have been to some of the places that the explorers went to.

I don't have any science homework. At school, we are growing bean plants.



We go in every day and see how the plants have grown.

We write down all the changes that occur in the plant every day.

The only other homework that I have is geography. I have a map of Canada, and

I have to write the names of all the provinces and their capitals on it.

It won't take me long to do that because I know all the provinces.

When my homework is all done, I will go outside and play ball with my friends until it is time to come in. I am a good student. I get good marks because I like school.

My favorite subjects are physical education, English and history.

Math is my least favorite subject, but I'm trying to improve my marks in that.



Article #101 I Want to Dye my Hair Green

Many of my friends have dyed their hair different colors. I don't mean normal hair colors like brown or black. My friends have dyed their hair orange, purple and blue.

I told my mother that I would like to dye my hair green. I explained to my mother that I would only use food coloring. The green would not last forever.

My mother said that dyeing your hair was a silly fad.

She said that I would not look good with green hair.

I said that if I couldn't dye my hair green, maybe I could get a nose ring.

My mother said "no." I said that maybe a tattoo on my arm would be nice.

My mother said, "no way." My mother said that she did some crazy things when she was a young girl. She said that she used to iron her hair to make it straight.

That sounds quite boring to me. My friend Joan came over.

Her hair is dyed bright pink. My father said, "nice hair, Joan."

I don't think that he really meant it. My mother says that when I am an adult I can dye my hair whatever crazy color I like, but for now she would like me to leave my hair its natural color. I tried to tell her that all my friends were doing it.

My mother asked, "if all your friends were jumping off a cliff, would you do it too?"

I said "no." I think I'll have to wait to have green hair, but maybe by the time I'm old



enough to dye my hair green, I won't want it that color.

My mother says that fads change all the time. One day something might be popular, and the next day it's not in style at all.

I'll just have to live without green hair for now.

I wonder what the fad will be next month.



Article #102 Why Do People Dislike Other People?

Some people don't like other people just because they look different.

I think that is silly. I don't think that it is fair to judge someone by the way they look. Some people look very nice, but they are mean or cruel.

Some people look very ordinary, but they are incredibly nice.

I remember when I was in grade one; I saw a girl across the room.

She had a mean look on her face. I thought to myself that she was probably not a very nice person. I stayed away from her, and played with the other children.

Then, we had to play a game, and the teacher said that she would pick partners for us. The teacher picked the girl with the mean face as my partner.

I didn't think that the game would be much fun at all with a partner who seemed as mean as that girl. I walked up to her and said hello. The girl's face changed.

She smiled at me, and she began to talk to me. Her mean face disappeared.

We had lots of fun playing the game. We laughed a lot and enjoyed each other's company. That girl became my best friend.

Now when I look at her I see what is inside her. Sometimes she doesn't smile, but I know what she is like. She is a kind and funny person.



I have learned that you can't "judge a book by its cover."

It is not fair to dislike someone just because they don't look like you want them to look. You have to get to know a person. It doesn't matter to me what color a person's skin is. It doesn't matter to me if they are short or tall, skinny or fat or happy or sad looking. I judge people by how they treat me, and I try to treat people like I would want to be treated.



Article #103 The Birthday Gift

It is going to be my father's birthday. What can I give him?

I don't have much money. I have looked all through the stores, and I have not found anything that I think he would like, or that I can afford.

I have thought very hard about what to buy for him.

I thought that he might like some candy, but my father really doesn't eat many sweets. I thought that he might like a new shirt, but he has lots of clothes.

I can't afford a new car or computer for him. I was watching him on the weekend. He cut the grass, washed the car, took out the garbage, weeded the garden and watered the plants. I got an idea. I went to my room and took out some paper.

I cut out pieces of paper, and I wrote on them. I wrote on one piece of paper that I would wash the car every weekend for the summer. I wrote on another piece that I would take out the garbage every week for the summer.

I also wrote that I would cut the grass, weed the garden and water the plants every week for the summer. I made a birthday card for my dad, and I put the pieces of paper inside it. I went downstairs and gave my gift to my dad.

My dad thought that the gift was very thoughtful.



He said that it was a gift from the heart. I did all those things for my dad all summer. He said that he had a lot of free time because I helped him so much. My dad and I are good friends. I don't mind doing things for him because I know that he is always there to help me out. A good gift doesn't have to be something that costs a lot. My dad says that the best gifts are the ones that show how much you care for the other person. I'm glad my dad liked his gift.



Article #104 New Year's Day

On New Year's Day people start a new year. Many people make resolutions.

They resolve to be better people. Some people decide that they will lose weight so that they can be healthier. Some people decide to give up smoking.

They also want to be healthier. There are all kinds of resolutions that people make. Some people try not to lose their tempers. Some people say that they will work harder. There are people who try to give up bad habits.

Every year, my brother says that he will stop biting his nails.

He stops biting his nails in January, but by February he always starts again.

That is the thing about New Year's resolutions.

People seldom keep them. Everybody starts out with good intentions, but it is very hard to stick with them. I don't make New Year's resolutions.

I find that I just break them. I just work day by day to break my bad habits.

I know that I eat too many sweets. Every day, I just try to resist them.

I think that every day is a new day regardless of whether it is New Year's Day or not. Bad habits are hard to break. The best thing is never to start any bad habits.

I don't know if my brother will ever stop biting his nails, but I know that each



January he intends to stop.

Maybe one of these New Year's Days he'll get over that habit.



Article #105 If I Could Fly

I sometimes imagine what it would be like if I could fly like a bird.

Just imagine what it would be like to soar into the sky, flying high above the trees. You could stand on high rooftops and never be afraid of falling.

You would see so many things as you flew over rooftops and forests.

You would feel incredibly free as you traveled from place to place, not bothered by road signs or traffic jams. If I could fly like a bird, I would start from my back yard and travel through town. I would look down on the houses and factories. When I got tired, I would land in a field and take a nap.

I would travel above rivers, and follow them as they wound along and emptied into lakes and oceans. I would fly above parks, and I would call out to the children as I flew high above them. I would dip and dive as I flew. I would soar up high and dive down low so that I could almost touch the treetops. Have you ever flown?

I know that you can't fly like a bird, but you might have taken an airplane ride. When you're in an airplane, you pass through clouds.

It is exciting to take an airplane ride. I love taking airplane flights.

I like to look down at the Earth. When you are up that high, everything below you



looks tiny. That's the closest I'll get to flying like a bird. But I can still use my imagination and spread my wings and soar high above the world just like a bird.



Article #106 What I Look for in a Friend

What is it that makes somebody your friend? Some people are nice, and you have fun with them. Some people are nice to talk to, but they don't become special to you. Some people become very close to you.

Those people are the ones who become your good friends.

Did you ever wonder why certain people do become your good friends?

Friends usually have something in common.

Often, friends enjoy doing the same things as each other.

Maybe they like the same sports, or the same music, or maybe they can even talk about problems or schoolwork. Friends usually find a common bond.

Friends share ideas and listen to each other.

Sometimes, people who don't have similar interests even become friends.

You can learn a lot from a person who likes different things than you.

The most important thing about friends is that they must communicate with each other. A good friend is a person who takes the time to listen to the other person.

One of the most important things that I think a friend should have is a sense of humor. I like to laugh with my friends. I like to feel comfortable around my



friends. It is nice to be able to talk and laugh with people who have similar interests. It is nice to share things with people and learn about their interests.

You become a better person if you are able to learn things from others.

Life is a journey. On that journey you meet many people.

Some of those people will change your life. You have to choose your friends with care. A good friend is worth more than all the gold in the world.

A good friend will make your journey through life more pleasant.

Make friends along the way, and the path through life will be very rewarding.



Article #107 A Funny Thing Happened on the way to School

Last Friday it was very windy. I was walking down the street with my friend John. We were having a difficult time walking against the wind.

The wind was pushing against us, and we felt the force of it pressing against us.

We even had a hard time breathing. We were walking slowly.

We watched the leaves as they danced and twirled in the wind.

We watched a plastic bag as it flew by us.

We saw a little boy whose baseball cap flew right off his head.

His cap flew along the sidewalk, and he had to chase it.

He finally caught it, and he held it in his hands tightly after he got it back.

The trees were swaying frantically. Their branches swished and waved in the wild wind. John and I were hit by flying bits of paper and leaves.

We laughed when a garbage can lid rolled along and hit John in the leg.

We saw another garbage can rolling along the road as if it was alive.

Everything was moving because of the wind. Then, the funniest thing happened.

I wasn't paying any attention, and a paper bag came flying up the street toward us.



It hit me right in the face and covered my whole face.

At first, I didn't know what had happened. I was blinded.

I couldn't see where I was going. I stopped and held out my hands.

When I stopped, the bag fell off my face. I looked at John.

He was laughing very hard. He was laughing so hard that tears were rolling down his cheeks. He said that I looked very funny with the brown paper bag stuck to my face. I started to laugh too. We laughed about it all the way to school.

John said that he wished he had a camera.

He would have taken a picture of me with the bag on my face.



Article #108 Advice

Sometimes my mother gives me advice.

She tells me to save my money for a rainy day.

She says that I should eat my vegetables if I want to be strong when I grow up.

She says that you reap what you sow.

I didn't know what that one meant, so I asked her.

She said that if you are good to people, they will be good to you.

If you do bad things, then bad things will come back to you.

My mother is always giving me advice. She says that a penny saved is a penny earned. I am still thinking about that one. Some of these things are difficult to understand. My mother is very wise. She says that she has learned from her mistakes. She tells me that she would like me not to make mistakes, but she says that everyone does make mistakes.

The important thing is that we learn from our mistakes.

My mother says that nobody is perfect. My mother tells my sister that time is precious. My sister wastes time, and my mother doesn't like that.



My mother tells me to be true to myself. She says that I should not follow the crowd. I should listen to my own conscience and do what I think is right.

She says that it doesn't matter if you fail at something, the important thing is that you try. If you've done your best, then that is all that matters.

I listen to my mother. I think she gives very good advice. My mother has a lot of common sense. I hope I am as wise as she is when I have children of my own. Sometimes I wish that she would not give me so much advice.

I think that I know what I'm doing. But, in the end, I always remember what she has said, and I try to live by the standards that she has set for me.

Take the advice that your parents give you.

They only have your best interests at heart.



Article #109 A Trip to the Hospital

I have to get my tonsils out. I'm not really happy about it, but I'm tired of being sick and having sore throats.

I have to go to the hospital two hours before my surgery.

My mother will go with me. The nurses will take my temperature and check my blood pressure. They will make sure that I am ready for my operation.

I will be dressed in a white gown, and I will be wheeled down the hall to the operating room. I can't have anything to eat or drink for a long time before my surgery. My mother will walk down the hall with me; then she will wave goodbye as they wheel me into the operating room. The doctor and the nurses will be busy in the operating room. They will be getting ready to perform my surgery.

The doctor will say hello to me and tell me that he is going to put me to sleep.

He will put something into my arm. He will tell me to count backwards from ten.

I think that I will only say "ten, nine," and then I will be fast asleep.

I won't be awake for the surgery. When I wake up, I will be surprised that the surgery is over. My throat will hurt, and I probably won't feel very good.



My mother will be there with me. The nurses will give me a drink and try to make me comfortable. I won't be in the hospital overnight. I will go home later in the day. My parents will have to make sure that I have a lot to drink.

I can't eat any hard foods or they will hurt my throat.

I will sleep a lot, because I will not feel very well for a couple of days.

It won't take long before I recover from my surgery. Sometimes, we need surgery to make us feel better. Hospitals can be a bit frightening, but the doctors and nurses are very nice, and their job is to make you better.



Article #110 What My Cat Did

One day I was sitting in a chair drinking a cup of tea.

My cat came into the room and sat on my lap. She was quite content,

and she sat there purring. My cat likes to drink water, and

sometimes she drinks milk. I would never give her tea to drink.

Cats just don't drink tea. We were sitting there quietly when suddenly my cat stood

up. She was looking at something on the floor. She crouched down low and

got ready to pounce. It was a huge centipede. I think that centipedes are ugly.

They have many legs, and they move very fast. I would hate to have one crawl over me. I was surprised that she caught the centipede.

She put her paw on it, and then she reached down and ate the centipede.

The centipede must not have tasted very good. My cat got a funny look on her face, and she looked like she was trying to get a bad taste out of her mouth.

I was thinking that I would be sick if I ate a centipede. My cat looked at me and jumped back up in my chair. She stuck her face in my teacup and took a big drink of tea. I was shocked. I had never seen a cat drink tea before.

I think that the centipede must have tasted so bad that my cat just needed something



to wash the taste out of her mouth. Guess what?

I didn't finish my tea. I threw it out and washed out the cup.

My cat has never had a drink of tea since that day.

She has also never eaten another centipede.

If a centipede walks by, she just pretends that she doesn't see it.



Article #111 If I Was Tiny

Imagine what life would be like if you were two inches tall.

You would have to be careful that nobody stepped on you.

You would have to watch out for cats, dogs and birds.

It would be very dangerous, but just think of the things that you could do.

You could live in dollhouse, or even a shoebox.

You could use a bottle cap for a plate. You would have to wear dolls' clothes.

A stamp would make a lovely picture to hang on your wall.

You could hide in a mouse hole or a drawer. You wouldn't need much food.

You could probably live comfortably on the crumbs that people would leave on the table. A thimble would make a good cup. If you went outside, the grass would seem like a jungle. An insect would be huge and frightening.

A puddle would seem to be an ocean.

You could cross the puddle in a paper cup and use a spoon for an oar.

A matchbox would make a good bed with a handkerchief as a bedspread.

You'd brush your hair with a toothbrush, but you'd never find anything small enough to brush your teeth with. You could take a ride on the back of a mouse.



You wouldn't find any books that were small enough to read,
but you might read the back of a pill bottle.

You could ride in a toy car and have a soup bowl for a swimming pool.

A leaf could be your umbrella, and a mitten would make a great sleeping bag.

If you used your imagination, you could think up something to use for almost all
your purposes. Being small might be fun, but then again, it would be frightening.

I'd be afraid of my pet cat. I wouldn't want a book to fall on me.

I would be afraid of being swept away by a big gust of wind.

I think I'd rather be my size.



Article #112 Do People Have the Right to Smoke in Public?

My father used to smoke. He got very ill.

The doctor told him that he had to quit smoking.

My father tried for a long time to quit. It was very difficult for him.

Smoking is an addiction. After many months, my father finally gave up smoking, but he still craved a cigarette once in a while. He says that quitting smoking is the hardest thing that he has ever done. When my father did smoke, he smoked everywhere. He smoked in restaurants, stores and many public buildings.

Now, you are not allowed to smoke in a lot of public places.

When my father smoked, the rules were not so strict. People could smoke just about anywhere. It really wasn't fair to the people who didn't smoke.

Their clothes always smelled like smoke, and they breathed in second-hand smoke.

Some people think that second-hand smoke is actually worse for you than if you smoke yourself. People would smoke in their houses, and very young children would inhale the smoke that was in the air. Some people still smoke in their houses, and their children breathe in the smoke. Some restaurants have areas for smokers and nonsmokers, but usually the smoke drifts from one area to the other.



There are some businesses that have banned smoking altogether.

Personally, I think that smoking in public places should be completely banned.

I don't think that I should have to breathe in another person's smoke if I choose not to smoke myself. It wouldn't be fair for a nonsmoker to get lung cancer because they had to be in a place where smokers were allowed to light up.

I know that smoking is a powerful addiction and that it is very difficult to quit, but smokers should restrict their smoking to places where there is nobody else around.

Lung cancer is an awful disease. Nobody should have to suffer with lung cancer. People should be educated about the dangers of smoking.

Smoking should be banned in public places, but eventually I would like to believe that fewer people will smoke. It would be nice to live in a smoke free environment.



Article #113 If I were a Giant

If I were a giant, I wouldn't be able to fit in my house. I'd have to live in a building that had a high ceiling, but I'd probably have a hard time getting through the door. I'd have to make my own clothes, but where would I get a giant needle and thread to sew with? I couldn't ride in a car or a plane.

I suppose I would just have to take giant steps to get from place to place.

I would have to be very careful not to step on anybody or anything.

When I talked, people would cover their ears. My voice would sound very loud to them. I wouldn't find shoes to cover my feet.

I wouldn't find a knife and fork to eat my dinner with.

I might have to use a rake as a fork. My dinner would be huge.

What would I cook my dinner in? I certainly wouldn't find an oven big enough to put my dinner in. If I sneezed, it would be like a hurricane.

If I fell down, it would be like an earthquake. I wouldn't have any friends because everyone would be too tiny for me to talk to.

I think that being a giant would be very lonely. I couldn't have just one apple.



I would have to have a lot of apples to fill me up. I would have to drink gallons and gallons of water to quench my thirst. I could never relax under a tree.

I would be taller than all the trees. I don't think that being a giant would be fun.

I won't ever make a wish to be a giant. I would rather be my height.

I'm very happy the way I am.



Article #114 Superstitions

I am not superstitious, are you? Yesterday was Friday the thirteenth.

Some people think that Friday the thirteenth is an unlucky day.

I think that it is just like any other day. Some people believe that if a black cat crosses your path, you will have bad luck. I don't believe that either.

My mother always gets upset if I open an umbrella in the house.

She says that it is bad luck. She is probably right about that one because an open umbrella would take up a lot of space, and you might knock things over.

If your left hand is itchy, you are supposed to get money. I have had an itchy left hand before, but I haven't received any money because of it.

It is bad luck to walk under a ladder. This is probably true because you might knock somebody off the ladder, or have a can of paint fall on top of you.

If you are acting in a play, it is bad luck if someone says "good luck" to you.

This is very confusing. You are supposed to tell an actor to "break a leg."

It doesn't mean that you want the actor to break his leg. It means good luck to the actor. Actors have a lot of superstitions that are very unusual.



I am not superstitious. I don't believe in superstitions at all.

It is just fun to learn about superstitions. Some of them are very old and have been passed down from generation to generation.

I once did a project at school on superstitions. It was a very interesting topic, and I got a good mark for it.



Article #115 My Favorite Bedtime Story

Every night when I was little, my mother would read me a bedtime story.

My favorite story was Tom's Midnight Garden.

This was a story by Philippa Pearce. It was quite a long book, and it took quite a few nights for my mother to read the entire book to me.

In Tom's Midnight Garden Tom moves to the city to stay with his aunt and uncle.

He is very bored at their apartment. They have no children, so Tom has nothing to do. One night, the clock strikes thirteen times.

Tom knows that this is impossible. A clock can only strike up to twelve times.

He sneaks downstairs and goes outside. When he gets outside, there is a wonderful garden that wasn't there the day before. The next day, Tom goes outside and finds that there is no garden. The garden only seems to appear at night.

Every night, Tom slips out to this wonderful garden, and he meets some people in the garden. He meets a girl named Hattie. Hattie and Tom become very good friends in this garden. Some very strange things happen in this book.

There are some coincidences that keep you guessing about what is really going on. The surprise ending is wonderful. I really enjoyed Tom's Midnight Garden and



I was very sad when my mother and I came to the end of the book.

I felt that I had visited the magical garden with Tom.

It is a book that I will remember all of my life.



Article #116 If I Found a Magic Lamp

If I was walking down the beach on day, and I happened to bump my toe on a magic lamp, I would pick it up and rub it. If it was a real magic lamp (but I don't believe that there really is a magic lamp), a genie would pop out in a cloud of smoke, and he would call me master. He would say that he would grant me three wishes.

I would have to think very hard about those wishes because I wouldn't want to waste them. I don't think I'd want millions of dollars. Money doesn't buy happiness, or so they say. I might wish for good health, because if your health isn't good you won't be able to enjoy anything. Some people might wish for beauty, but beauty is only skin deep. Some people would wish for a mansion, or a beautiful car or a big boat. I don't want any of those things. Some people would want fame.

Some people would want talent. Some people would wish for happiness.

That might be a good thing to wish for. Yes, maybe I'd wish for health and happiness, but what would my third wish be? I could wish for something enormous, something global. I could wish for world peace. That would be a wonderful thing if somebody could grant me that. Yes, that would probably be my third wish.

It's too bad there aren't any genies inside magic lamps.



I won't get my three wishes. I can still work toward getting my wishes.

I can eat well and exercise to stay healthy. I can be involved with a lot of things and be with my friends to stay happy. I can volunteer my time to different organizations to help achieve world peace. I can do my fair share in my community to help others.

That's how I can get my three wishes, not through a magic lamp. I can only get what I want through self-determination and hard work.

That is the key to getting your wishes fulfilled.



Article #117 Help

Did you ever have to call for help? Were you ever in a situation that was an emergency? It is good to know what to do in case of an emergency.

You should always know how to get in touch with the police and fire departments.

I have read stories where very young boys or girls have called the police and saved their friend's or family member's lives because they knew just who to get hold of. If you see a fire, you should call the fire department.

A lot of tragedies have been prevented because the calls have been made quickly.

It is important that emergency vehicles arrive very quickly.

That is why those vehicles have sirens. When their sirens go, it means to get out of the way. Policemen, firemen and ambulance attendants are trained to handle very difficult situations. They often save peoples' lives.

They go through a lot of training to become good at what they do.

They never panic in emergencies. For your part, you should keep emergency numbers near the phone, or know what the emergency numbers are.

Where I live, there is a special number that you call for any emergency.

We teach that number to everyone, even very tiny children.



It is important to remain calm if you need help. If you call an emergency number, you have to be able to speak clearly, and tell the person you are talking to exactly what the problem is. I hope you are never in an emergency situation, but it is a good idea to be prepared.



Article #118 The Peach Orchard

When I was very young, I lived near a peach orchard.

Now, there is a park where the orchard used to be.

I always remember the peach orchard because my grandmother and I used to go there and pick peaches. The owner of the orchard would let all the neighbors pick peaches. It's not the fact that I used to get many ripe, tasty peaches that I remember; it's the time that I used to spend with my grandmother that I remember.

My grandmother was very old, but she was very healthy. She used to walk a lot.

I think that is what kept her fit. She had a lot of energy so she liked to go to a lot of places. She would get a fruit basket, and then she would ask me if I wanted to go to the orchard. I always said yes because I enjoyed walking through the orchard on a sunny day. We never climbed up on a ladder to reach the peaches;

we just reached for the low hanging fruit. My grandmother and I used to talk all the time that we were out there. It was nice to spend time with her.

She told me many stories about when she was a young girl.

We laughed and got to know each other better. My grandmother only visited us during the summer. She lived in California, and I lived in Niagara Falls, so we



didn't get to spend a lot of time with each other.

We enjoyed the hot summer days in the orchard. You could smell the peaches, and the bees buzzed lazily by us. My grandmother would point out different insects and birds to me. I learned a lot about nature from her. We would end up with a big basket of peaches. When we got home, my mother would wash the peaches, and often she would bake a peach pie for us. Nobody bakes a peach pie like my mother. It's good to have memories like that. Childhood memories of time spent with my grandmother are very precious to me. Sometimes, it's just the simple things that you do in life that leave you with the nicest memories.



Article #119 Learning to Dance

I went to England with my mother. She used to be a singer in a band.

We went to the hotel that she used to sing at. It was a big fancy hotel.

Some of the people that she knew when she sang in the band were still there.

They remembered my mother, and they had a good time talking to her and remembering old times. Many people told me that I looked like my mother.

In the hotel, they had a fancy hall where they had ballroom dancing.

I am not used to that kind of dancing. I always dance to rock music.

A man told me that he would teach me how to dance. It looked very easy.

I held one of his hands, and put my other hand on his shoulder.

He told me exactly how to move my feet. I was very clumsy, and I stepped on his toes. He was patient with me, and he counted "one, two, three." I tried to waltz with him. I would start out pretty well, but then I would get mixed up and stand on his toes again.

The man laughed about it. I told him that I wasn't a very good dancer,

but he said that I was good for a beginner. I think he was just being polite.



The man asked my mother to dance. My mother is a very good dancer.

I didn't know that about her. She never stepped on the man's toes once.

The man thanked us for dancing with him, and I thanked him for giving me dancing lessons. I don't think I'll ever be very good at that type of dancing.

Each generation has a specific type of dancing.

The way that I dance is different from the way that my mother dances.

The way that I dance doesn't involve moving your feet too much.

I'm not too good at fancy steps.



Article #120 Super Heroes

When my brother was very young, he loved super heroes.

He collected plastic figures of all the super heroes.

I think he had every super hero figurine that there was.

He used to tie a towel over his shoulders and run through the back yard.

He pretended that he was rescuing people. One time he stood on the roof.

He really thought that he could fly with his super hero cape on.

He would have hurt himself if he had jumped.

My dad saw him and told him to get down.

My dad explained to my brother that super heroes are not real.

Real people cannot fly from rooftops. My brother was disappointed.

He thought that the super heroes really existed.

My dad explained that most super heroes were created as comic book characters.

Somebody used their imagination to make them up, and then an artist drew

them. My brother was not impressed. He said that he wanted to meet the super

heroes. My father told him that he might meet someone dressed up as a super hero,

but it wouldn't really be a super hero in the costume.



It is hard to explain to small children that the things that they see in comic books and on television aren't really real. My brother still pretends that he is a super hero. He doesn't jump from rooftops, but he runs around and makes noises like he is flying. I look at him and remember when I used to do things like that. I'm more mature than my brother. I know that super heroes aren't real, but I know that he is having fun and using his imagination.



Article #121 Being a Princess

Sometimes, I think that I would like to be a princess.

A princess would live in a palace and wear beautiful clothes.

She would have servants to do chores for her, and she would probably marry a handsome prince. People would recognize her.

They would wave to her as she drove by. It seems like it would be a lot of fun to be a princess. But maybe it wouldn't be so nice.

Maybe it would be terrible to be recognized by everyone.

Maybe a princess would feel like everyone was watching her.

She would have to look nice every time she left the palace.

There would always be people with cameras who wanted to take her picture.

A princess would have no privacy. Even in her own palace there would be servants around, so she would never really be alone.

If I were a princess, I would worry about security for my family.

Sometimes, people who are in high positions are threatened by other people.

That would be a worry. I'm not so sure that being a princess would be all that much



fun. I think it might be better to be just a normal person like me.

I don't have to worry about looking wonderful all the time.

People don't follow me around and take my picture.

Whenever you see a picture of a princess, she is smiling.

I wonder if she is smiling on the inside, or just smiling for the camera.



Article #122 My Worst Fear

I am afraid of water. I don't know why I am afraid.

I have never had a bad experience in the water. I just never learned to swim.

I should have done that when I was just little. It would be easier for me to swim now if I had started when I was young. I will go into the shallow water, but I start to panic when the water gets higher than my chest.

I don't like the feeling of not being able to put my feet on the bottom of the pool or the lake. I don't like to get water up my nose.

I choke and cough when that happens. My friends just tell me to relax and

I will float, but I find it hard to relax in deep water.

They keep telling me that if I panic I will sink.

Most of my friends have had swimming lessons.

Some of them are even lifeguards. They have tried to teach me to swim, but I think I need to go to a place where they actually teach swimming.

It would be so nice to jump into a pool of cold water on a hot summer day.

That would be so refreshing. If I go out onto a boat, I always wear a life jacket.



I think it is wise to do that. Everyone should wear a life jacket on a boat.

I would rather be safe than sorry. I have decided that I will overcome my fear.

I will go and take swimming lessons. I have a goal. By this time next year,

I would like to be able to swim the length of the pool without being afraid.

It is best to face your fears and deal with them.

I hope that I can overcome my fear of water.



Article #123 If I Live to be 100

I think I would like to live to be 100. It seems like an awfully long time to live.

It is an entire century. Imagine all the changes that you would see if you lived to be 100. I had a neighbor who was 85.

She used to tell me what things were like when she was a little girl.

She told me what my town used to look like, what her clothes were like, and what her school was like. I used to enjoy listening to her stories.

Everything was so different when she was young. Listening to her was like having history come to life. I used to try to imagine what life was like for her back then.

If I was 100, and I had grandchildren and great grandchildren, I would tell them stories about my childhood. I would hope that I had a good memory so that I could remember everything. If I do want to live to be 100, I'll have to live a healthy lifestyle. Not too many people live to be that old.

If I do get to be that old, I hope I'll still be mentally alert and physically agile.

In my country, the Prime Minister sends a letter of congratulations to anyone who has their hundredth birthday. People who live to be 100 are very special.

Maybe in the future with better medical care and healthier lifestyles, more people



will live to be 100. If I live to be 100, I'll have a birthday cake, but I won't put 100 candles on the cake. I could never blow out 100 candles.



Article #124 What I Like Most and Least About Myself

I was trying to think up the best and the worst things about myself.

I think the best thing about me is that I am very friendly.

I have a lot of friends, and they all like me. I try to be good to my friends.

I don't often have arguments with people. I think that I am quite easy to get along with. The worst thing about me is that I sometimes feel sad.

Sometimes I don't feel sad for any particular reason.

I just get into moods where I am depressed. Sometimes there is a reason to be sad.

I was sad when my pet frog died. I was sad when I lost my favorite baseball card. On those days, I'm still nice to my friends, but inside I feel like there is a heavy weight in my chest. I think that everyone feels sadness sometimes.

I try to do things that make me happy whenever I get into one of my sad moods.

Last Saturday, I felt a bit sad so I called up my friend John and asked him if he wanted to go to the movies. We went to a comedy.

We laughed all the way through the movie, so that by the time the movie was over,

I didn't feel sad anymore. My friendliness is my best trait, and my sad moods are my worst traits. I have to work at getting over my sad moods more quickly.



Being sad doesn't do anyone any good. There is no use in feeling sorry for oneself.



Article #125 The Trunk in the Attic

Last month my grandmother asked me if I could help her to clean out her attic.

I was happy that she asked me. My grandmother says that her attic is full of junk.

I think that her attic is full of treasures. I helped her to dust and vacuum the attic.

I pulled and pushed around boxes and crates. I helped her to wash the floors and walls. My favorite thing that I did was to sort through the old trunk that she had up there. The trunk had a rusty latch on it. It was a bit difficult to open, but my grandmother got a knife and pried the latch open. The trunk was full of all kinds of things. There were lots of clothes. Some of the clothes had been my grandmother's. There was a blue velvet dress that she had worn to a dance when she and my grandfather were dating. It was a beautiful dress, but there were a few moth holes in it. There were some of my mother's old clothes.

There was a pair of bell-bottom slacks that had bright flowers on it.

I couldn't believe that my mother had ever worn something like that.

There were some of my mother's old report cards. Some of her marks weren't very good. I had fun reading the report cards. There were photographs.

There was a picture of my grandparents holding my mother when she was a baby.



There was an old baseball glove that one of my uncles had owned.

There was even one of my old dolls in there. One of her legs was missing.

My grandmother said that I was rough with my dolls when I was little.

I should have taken better care of my toys. There was even some old jewelry.

I tried on some of the old clothes and jewelry. I told my grandmother that I liked

looking through old things. My grandmother told me to keep whatever I

wanted. She said that it was all junk. I still say that the trunk was full of treasures.



Article #126 Hot and Cold

I notice that whenever it is summer, people complain about the heat, but whenever it is winter, people complain about the cold.

It seems that people are never satisfied. I don't like the winter.

It is usually much too cold for me. My teeth chatter, and my fingers turn numb whenever the weather gets cold. It is hard for me to warm up once I start to freeze.

I try to wear layers of clothes, but winter winds go through my clothes no matter how much I wear. My feet feel like they are blocks of ice on a cold January day when I walk home from school. I would not like to live in a place that had a cold climate all year long. I am not comfortable when it is too cold.

I like the summer. Some people say that it is hot and sticky in the summer, but I don't mind the heat at all. I love to feel the warm sunshine on my skin.

I like the freedom of not having to wear heavy coats and boots.

I am the happiest when there is a slightly cool breeze that comes along to refresh you on a hot summer day. I could live in a place with a hot climate.

I would enjoy that. Of course, when you are in a place with a hot climate there are more bugs than in places with cooler climates. I don't care for bugs.



Where I live, it is very humid. The heat and moisture combine to make it uncomfortable sometimes. It is nicer when the heat is high, but the humidity is low. It would be better if I lived somewhere where it was hot, but not humid. That would be just perfect.



Article #127 Walk a Mile in My Shoes

Have you ever heard the saying "walk a mile in my shoes?"

I think it is a very good saying. Do you know what it means?

It means, that before you judge someone, you should put yourself in his or her position. For example, if someone was running in a race, and they did very poorly and came in last it wouldn't be fair to say, "oh, he's just a terrible runner."

You would have to look at all the circumstances that made the person lose the race.

Maybe they pulled a muscle in their leg the day before; maybe this is their very first race; maybe they are not in good form because something isn't right in their

lives. There can be so many things that affect a person's life, performance and

moods. If someone was very quiet at a party, you couldn't just assume that they weren't friendly. You don't know what is happening in their lives.

They could be feeling ill, or they might have just had a bad experience.

Nobody can know exactly how another person feels.

Even if someone tells you what he or she is experiencing, you still won't fully understand what is going on inside the other person.

Everyone perceives and feels things differently. To walk a mile in someone else's



shoes is to try and understand things from that person's perspective.

We are all shaped by the events that have taken place in our lives.

No two people have gone through the exact same things.

So, before you are quick to judge someone, stop and think about what it is that they might have gone through. You won't always understand why people do what they do, but you can try to understand and put yourself in their position.



Article #128 If I Could Go Back in My Life

If I could go back in my life and do some things differently, this is what I would do:

I would not waste so many hours in front of the television set.

I would get out and enjoy my own life, rather than watching actors in shows.

I would be a little more considerate of other people. I would realize that my mother has more to do than pick up after me. I would pay more attention in school.

Tests are easier when you have paid attention, rather than fooling around in class.

I would save more money rather than spend it on useless things.

I would read more. Reading is enjoyable, and it opens the doors into all kinds of wonderful places both real and imagined. I would learn to play an instrument. Music is always appreciated if it is played well.

I would eat better foods. I would try to stay healthy through my diet and exercise.

I would take more pictures, and I would keep a journal.

Memories are very precious. I would take the time to listen to what people have to say. People appreciate a good listener. I would take the time to enjoy each day as it comes. Sometimes, I am so busy looking forward to what is coming up that I don't take the time to enjoy the day that I am living in.



That's what I would do if I could go back in my life.

In fact, I think I'll just make a habit of doing all of those things all through my life.



Article #129 Joking

Joking is good. Jokes can be very funny. Jokes can also be hurtful.

Jokes can be tasteless too. It is not an easy thing to find jokes that do not offend anyone. Some jokes make fun of different races. Those jokes are not funny.

They are hurtful. It is not right to tell racist jokes.

Many jokes use bad language or are about questionable subject matter.

These jokes are also not acceptable. Many people are highly offended by rude jokes.

What some people find funny, others will not.

Comedy is a very personal thing. Some people like slapstick comedy.

That is the kind of comedy that the Three Stooges use.

Some people like very subtle humor. Some people will laugh at just about anything. Sometimes, it is not appropriate to laugh, but you feel like laughing anyway. Did you ever see anyone fall down?

Did you feel like laughing when they fell down?

You were probably worried that they had hurt themselves, yet the way that they fell was so funny that you felt like laughing. It's not funny when someone falls, but you can't help but laugh even though you try to hide it.



Jokes and comedy differ from culture to culture.

Many people from other countries come here and don't understand our comedy. Jokes and comedies are often geared toward our environment. Sometimes, comedians make fun of the things that we do in our everyday lives like going to the bank, or going grocery shopping.

We can all relate to that. Being a comedian is not an easy job.

Telling jokes and making people laugh is extremely difficult.

Jokes are fun, and they are funny if they are good. Jokes can get you into a lot of trouble if they are inappropriate, and sometimes they're just not funny and nobody laughs. Here is a joke. Why does a cow wear a bell? - because its horns don't work. Do you get it? Do you think it is funny? Well, maybe it's not that funny.

I told you that it was difficult being a comedian.



Article #130 Drugs

There are two different types of drugs. There are legal drugs and illegal drugs. Legal drugs are the type of drugs that the doctor gives you when you are sick. Illegal drugs are the drugs that people sell on the street.

Illegal drugs are very dangerous. If someone ever wants you to try any type of substance that you are not sure about, you should always say no.

People who sell drugs on the street are criminals. If they get caught, they will be sent to jail. They sell drugs to get money. They don't care that people's lives are ruined from taking drugs. If you take illegal drugs, you can become addicted to them. That means that you just have to have the drug no matter what.

Some people steal from other people to get money to buy drugs.

Drugs affect your mind. If you take drugs, you will not be able to think clearly.

Your marks in school will drop. Your memory won't be very good.

Your personality won't be the same. It is very unfortunate that some people do try drugs. They think that it won't hurt them. They are wrong. If you are smart, you will stay away from all drugs, except for the ones that the doctor gives you.

Drugs are just bad news. If you know someone who is thinking about trying drugs,



tell them that their entire life could be ruined. In America, they had a saying.

"Just say no to drugs." It is a good saying, but I think I would rather say, "I'm just too smart to take drugs."



Article #131 Divorce

Mary's parents just got a divorce. Mary is very upset.

She thinks that her parents don't love her anymore.

She thinks that they got a divorce because of her. She is wrong.

Her parents love her just as much as they always did. They aren't getting divorced because of Mary. Sometimes, marriages just don't work out.

It isn't really anyone's fault. Marriage isn't easy. It is hard for two people to stay together for a lifetime. Sometimes, people change as they get older, and they move on. Some people have perfectly good marriages, and they stay together for their entire lives. Divorce doesn't happen because the parents don't love the children anymore. A lot of children feel that it is their fault, but it isn't their fault at all. Children neither cause the divorce, nor can they prevent it. It is up to the parents. Divorce isn't the end of the world.

Children can still see both parents and stay with them. Life goes on.

Sometimes children can get new stepmothers or stepfathers.

That can be a good thing. You just have to be understanding,

and know that your parents still love you. Life doesn't always go the way that we



planned it, but it has its twists and turns. Life is an adventure.

If your parents get a divorce, just be understanding.

Know that they love you and that this is a hard time for them. It is a hard time for you too, but these things have a way of working themselves out in the end.



Article #132 If my Fish Could Talk

I have a goldfish. He swims around in his bowl all day. He looks bored.

I look inside the bowl and watch him. His mouth always moves.

He looks like he is talking. I imagine what my goldfish would say if he really could talk. I think he would say: "Hey, I'm bored in this little bowl. Why don't you get me a bigger tank with more fish in it? I would like to have some friends to swim around with." I went out and bought a bigger tank for my goldfish.

I put some plants at the bottom of the tank, and I got a miniature deep-sea diver to put at the bottom of the tank. I looked into the tank and imagined what my goldfish was saying. He seemed to be saying: "This is a nice tank. It's roomy in here, and you decorated it well, but I still don't have any friends to swim with."

I went to the pet store and bought three more goldfish. I put them into the tank.

All of the goldfish seemed to look at each other. They swam near each other and seemed to be playing games. I knew which one was my goldfish because he has a black spot on his fin. I looked at him, and imagined that he was talking again.

He said: "This is great! I have a big new home and friends to swim with."



These are nice goldfish that you brought home for me; thank you."

Goldfish can't really talk. I know that. I just like to pretend that my goldfish talks. He seems very happy now with his nice new home, and his new friends.

I don't think goldfish can smile either, but it looks like my goldfish has a smile on his face.



Article #133 The Best Teacher

I have had a lot of teachers. Some of them were good, and some of them were boring. There is one teacher whom I remember very well.

He is the best teacher that I ever had. His name was Mr. Alban.

He was a history teacher. History is not my favorite subject.

I don't really enjoy history a lot. When I was in Mr. Alban's class, he made history seem exciting. He was more of an actor than a teacher.

If he was describing a war, he would make us feel all the emotions that the soldiers and their families would have felt. We could almost hear the guns firing and the people shouting. He would paint a picture in our minds that was very vivid. When I had a history test in his class, I didn't have to study much.

I would remember every word that he had said. I would see him doing the actions that went along with his stories. He was very animated.

He would shout out orders as if he was a general, or he would speak softly and reverently when describing the death of a great hero.

The most important thing that I learned from Mr. Alban was that I did really like history. I just thought that I didn't like it because most people had made it dull by



just reading from the textbooks. History is not just a series of dates and dull facts. History is what really happened. History is real life.

All the historical figures had real families and emotions.

They weren't just fictional people. After I took history from Mr. Alban, I realized that I really did have an interest in it. He was my favorite teacher, and I will always be grateful to him for making me aware of just how interesting history really is.



Article #134 Weather

Sometimes, I watch the weatherman on television. It is fascinating to watch him point to different areas of the country on the map.

He tells us where the weather will be nice and where it will be bad.

The weatherman is not always right. Weather reporting is not an exact science. Nothing is very exact when it comes to the weather.

The weather department does a lot of research, but they can never be sure of exactly what will happen. Sometimes, it looks like it will be clear, but the wind changes direction and clouds move in.

The weatherman can warn people if there is a chance of a hurricane or tornado.

The weatherman can also warn people of floods. Sometimes, entire towns have to be evacuated because of bad weather. It is important to be aware of the weather. For example, it is not good to be caught in the middle of a field when there is going to be a thunderstorm. You might want to take extra precautions if there is going to be a heavy snowstorm. You would need to be in a secure place if a hurricane or tornado was predicted. You might want to cancel a picnic if you knew that it would rain that day. The weather affects us in so many ways. Some people are really



affected by dull, cloudy days. If there are no sunny days, they become very depressed. Heavy air pressure can cause some people to have headaches.

Weather affects all of us in one way or another.

It is always a topic of conversation. People often say things like "hello, it's a beautiful day today." Often we plan our lives and activities around the weather. So, if you are planning on walking home tonight, keep an eye on the sky. Are those rain clouds up there? You might need an umbrella.



Article #135 How to Avoid Catching a Cold

How many colds do you catch in a year? Most of my friends catch quite a few colds. They cough, sniffle and sneeze. They carry around tissues and blow their noses all the time. Their eyes water, and they have scratchy throats.

I don't get many colds. In fact, I can go for a whole year and never catch a cold. That is why I consider myself an expert on how not to catch a cold.

I'll tell you how to avoid catching a cold. I think that you need to take a lot of vitamin C. I eat a lot of fruits and vegetables. I drink fruit juice too.

I also take vitamin C pills. Whenever I begin to feel a cold coming on, I make sure that I have taken my vitamin C pill, and I drink a lot of orange juice.

That usually knocks the cold right out of my system. I make sure that I get a lot of fresh air. In the winter, a lot of buildings are shut up tight so that the air is stale, and people's germs circulate through the buildings. I get outside and breathe in fresh clean air. If somebody is rude enough to cough or sneeze right in front of me without covering his or her mouth, I just hold my breath for a second. I'm not sure if this works or not, but I don't want to breathe in anybody's cold germs.

Many germs are passed through hands. It is important to wash your hands



thoroughly if you touch anything in a public place. If I hold a banister while I am walking down the stairs, I think of all the people who have used that banister, and I make sure that I wash my hands before I eat. Doorknobs also have a lot of germs on them. Money is another thing that is passed from hand to hand and is covered with germs. Sometimes, I see people stick money into their mouths. Just think of all the germs that you would be putting into your mouth if you did that. If you just give it a little bit of thought, you can avoid a lot of the germs that cause colds. If you eat good foods and stay fit, your body will be able to fight off the germs that cause colds and other diseases. It is not always possible to avoid colds, but if you do catch a cold, drink plenty of fluids and get a lot of rest.



Article #136 The Future

I sometimes wonder what life will be like in the future. Life has changed so much in just the past few years. I'm sure that there are still big changes that are coming. Do you think we'll still drive cars? Maybe we'll get into computerized vehicles that we won't have to drive. We'll just push a few buttons, and the vehicles will take us to wherever we have to go. Maybe there won't be roads. We might just fly through space to get where we want to go. Instead of telephones, we'll just use our computers. We'll be able to see each other when we talk. That type of thing is already happening. Maybe we won't have to cook our meals.

We might be able to push buttons to order whatever we want.

A nice roast beef dinner, or an ice cream sundae, might just pop out of a machine.

It would be nice to have a robot to clean the house for you. In the past few years, computers have been extremely important. People used to write to each other through the mail. Now, people communicate so much more frequently through E-mail. Most of my friends own computers. If we had all of these things to do the work for us, what would we do? We would still need people to program the computers. We could spend more time being creative, rather than doing everyday



chores. The future holds many surprises. I'm sure that technology will become even more and more amazing. When my parents were young, they had never even seen a color television. Nobody owned a computer.

It doesn't take long for things to change a lot.

Who knows what amazing things are in store for us?



Article #137 Giving a Speech

I had to give a speech last week. I gave a speech to three hundred people.

I had to speak in front of a group of students. I had to tell them about a campaign that we were having to raise money for cancer research.

Giving a speech can be a difficult thing. When you stand in front of a big crowd, you can get very nervous. Some people feel like they have weak knees.

Their legs feel as if they are made of rubber. Their heart beats very hard inside of their chest. Their palms get sweaty. Some people even become short of breath.

For some people, giving a speech is their worst fear. When you give a speech, everyone is looking at you. They are waiting to hear what you have to say.

When you have three hundred people looking at you; you have six hundred eyes that are on you. It is a little frightening when you think of it that way.

Before I give a speech, I take three big breaths. I calm myself, and I remind myself that what I have to say is important. I like to be sure of what I am going to say, so I practice my speech in front of a mirror at home. I like to look like I am relaxed and friendly. They say that practice makes perfect; so the more speeches that you give, the better you will become at it. Whenever I have to give a speech, I imagine



that the audience is just one big person. I look out into the audience until I find a friendly, smiling face. I focus on that person, and I pretend that I am just talking to them. I have become used to giving speeches. I am more relaxed now than I used to be. People tell me that I do not look nervous at all. I like to hear that.

Sometimes I do feel a little flutter of nervousness, but I just ignore it and do the best that I can. Giving a speech is not as scary as it appears to be.

Anyone can do it with a little practice.



Article #138 Moving to Another Country

My friend Steve moved to another country. He had lived in Canada all his life, and he moved to Japan. Life in Japan was very different for Steve than what he was used to. At first, Steve suffered from culture shock.

His whole life seemed different. He was not used to the way of life in Japan.

Steve was not used to the large crowds of people that walked up and down the streets in Japan. In his hometown in Canada, the streets were fairly quiet.

Steve had to get used to the food. In Japan, the people eat a lot of fish.

Steve had never eaten much fish before. Steve wanted pizza, but it was expensive in Japan. Steve said that he had to adjust his eating habits. The people in Japan have different customs than we do here in Canada. Steve didn't want to offend anyone, so he had to learn the customs. He had to learn about what Japanese people considered polite and rude. Sometimes, in a foreign country you can do something to insult someone without even realizing that you are being rude. At first, Steve had trouble with the language. He said that the only way to really learn the language is to talk to people. Steve talked to a lot of people. He made a lot of mistakes, but people were patient with him, and they tried to help him with his Japanese.



It wasn't long before Steve felt more comfortable in his new surroundings.

You have to be willing to learn new customs and a new language if you move to another country. Steve feels very comfortable in Japan, and in Canada now.

He is thinking about going to another country now. He thinks that he might like to try and live in Italy. I'm sure that he would get over his culture shock very fast if he moved there. Moving to a new country can be difficult, but if you are willing to learn, it can be a very rewarding experience.



Article #139 Look for the Beauty

I have learned that things don't always go the way that they were planned.

If something doesn't happen the way that I want it to, I try to make the best of the situation. I always try to find something good in everything that happens.

Last year, I broke my ankle when I was walking on an icy sidewalk.

At first, I was very upset. I was missing school, and there was a party that I wanted to go to. I couldn't do very much of anything. My ankle was very sore.

I stayed home, and I read a book. It was an excellent book, and one that I probably would not have had time to read under normal circumstances. My friends brought my homework to my house, and we had some really nice visits while they were here. I had to accept the fact that I couldn't go anywhere on my broken ankle, so I made the best of a bad situation. Once, I lost my way when I was out camping.

I ended up in a very large field. I was afraid that nobody would find me, but I calmed myself down and took time to examine all the interesting wildflowers in the field. My family did find me. They were surprised at how calm I was.

I have learned that there is something valuable inside every adventure and something beautiful inside every person.



We had a new boy who came into our class. His clothes weren't in style, and he was not particularly handsome. Some of the boys and girls made fun of him. Sometimes, people can be really cruel. He seemed to handle it all right, but inside, I knew that it must hurt. Some of my friends and I invited him out with us. We found out that he had a terrific sense of humor, and he is probably one of the nicest people that I have ever met. He has since become one of my best friends. It makes me ashamed when someone that I know judges someone by how they look. It isn't fair to do that. You'll find that something good comes out of almost every situation. You'll find something good about almost everyone that you meet if you look hard enough. If something doesn't work out the way you planned it, just make the best of the situation. Look for the beauty in everything.



Article #140 My Doll

When I was an infant, I got a rag doll. It was a very plain, little doll, and it wore a clown outfit and a clown's hat. I used to take that doll to bed with me every night.

I couldn't go to bed without my doll. My mother used to pretend that the doll was talking to me. She would make the doll dance and sing songs.

I would talk to the doll. My mother would answer for the doll, but I was a baby, and I thought that the doll was actually talking to me. That doll was my best friend. I took her everywhere. One time I took her to a store with me, and I left her on a shelf in the store. We were halfway home when I realized that I didn't have my doll with me. I was very upset. My mother and I rushed back to the store. My doll was still there. I was so relieved. I hugged my doll, and I promised myself that I would never leave her anywhere again. I couldn't imagine life without that doll. Through the years, the doll became less important in my life.

I had other things to do, but the doll still sat on my bed during the day, and I still took it to bed at night. I gave that doll a lot of love when I was little.

In fact, I loved the doll so much that she looks tattered and torn now.

There are parts of her face and hands that are almost worn away.



I had a lot of other toys when I was little, but none of them were ever so important as that doll. I don't play with toys anymore, but that doll is still in my room.

She sits in a special chair in the corner.

I'll always have that doll. No matter how worn out she is, I'll always keep her and cherish her as a part of my early childhood.



Article #141 I am Curious

I am curious about many things. I would like to find the answers to a lot of questions that I have. What holds the stars up in the sky? Why does ice form on the top of the lake when it is cold? Is there life on other planets?

Why do we not fall off the face of the earth? How do caterpillars turn into butterflies? All of these things are mysteries to me. There are so many questions that are unanswered. I think I should go to the library and get a book to find out why people grow old. What makes a television work? I also want to know where electricity comes from. Who is the strongest person in the world?

Who is the smartest person in the world? Why do some people have blonde hair, and some people have black hair? Why do people in different countries speak different languages? Why do people have to die? Why are no two snowflakes alike? What makes people fall in love? What makes the rivers run?

Why does the sun rise every morning? How did the oceans form?

Why did the dinosaurs vanish from the earth? I wonder if I'll ever find out the answers to all my questions. I think I'll have to study hard and stay in school to find out everything that I want to know. Some questions never get answered.



It is good to be curious. People who are curious about things are the ones who learn a lot, and some curious people go on to invent things and make important discoveries.



Article #142 Creative People

Some people are just born to create. That's what I think. Some people just have the need to write stories, compose beautiful music, or paint pictures.

Creativity seems to be inside them, and they need to let it out. It's good that we have people like that. Composers like Mozart and Chopin have given us music that is incredibly beautiful. It's not just the classical composers who have given us great pieces of music; there are modern composers who have written great songs also.

Elton John is an example of someone who has composed many wonderful songs.

Andrew Lloyd Webber has given us some very popular musicals like *Cats* and *The Phantom of the Opera*. There are so many talented and creative people in this world. When you visit an art gallery, you marvel at how artists are able to recreate realism or make up something that seems totally unreal yet beautiful.

The American artist Norman Rockwell painted some pictures that actually looked like photographs. He tried to portray life as it was in America.

Through his paintings, one can get a good sense of American life through the years. On the other hand, artists like Jackson Pollock did not portray realism. Jackson Pollock painted abstract pictures. His paintings are just as good



as Norman Rockwell's, but they are entirely different. Some books that we read are classics. Mark Twain portrayed American life through his characters Tom Sawyer and Huckleberry Finn. Charles Dickens brought Victorian England to life through his books. Most people are familiar with his Christmas Carol where the mean and miserable Scrooge learns the true meaning of Christmas.

People don't have to read the classics. There are modern writers who entertain readers through their stories. Stephen King has written a number of horror stories. Some of his books have even been made into movies.

We are lucky to have creative people who share their gifts with us.

If you are lucky enough to be creative, you should use your talents to create works of art that we all can share.



Article #143 Career Choices

What do you want to be when you grow up? There are so many things that you can be. You might want to work in the field of law. You could be a police officer.

You could be a judge or a lawyer. Maybe you'd like to work in the food industry. You could be a cook or a waitress. You might want to manage a hotel dining room. Perhaps you would want to do room service in a hotel.

You could be a chef and make fancy meals for people. Maybe show business is what you'd like to be involved in. You could act in television shows or movies.

You could sing or play an instrument in a band. If you like to help people, you could go into medicine. You could be a doctor or a nurse.

You might be a surgeon and operate on people. There are other jobs in the field of medicine too. You could be an x-ray technician or a lab technician. It takes a lot of education to be a doctor. Maybe you would rather be a teacher.

You could teach in a primary school or a high school. If you don't want to work with children, you could become a professor at a university.

There are hundreds of other jobs to choose from too. You might want to fix cars or work in a store. You could be a dentist or a veterinarian. You could be a janitor or



a zookeeper. There are so many jobs that I just can't name them all.

Maybe you'd like to be a minister or an organist at a church.

You could be a babysitter or a shop clerk.

You might be interested in being an astronaut or a baker. You could work in a bank or at a shop. You could work on a construction crew and build roads and houses. Maybe you'd rather decorate the houses, so you'd become an interior decorator. You could cut hair or be a driving instructor. The list is endless.

There are even jobs that you may never have heard about. The choice is yours.

You just choose whatever you want to be and do your best to become that.

I could go on forever . . . you could work in a library. You could be a factory worker or a fisherman. You could make clothes or build bridges.

You could wash windows or be a bricklayer. The possibilities are endless.



Article #144 I Need Glasses

I have been having trouble seeing the blackboard. Everything is blurry.

I keep getting headaches. I told my mother about it, and she made an appointment with the optometrist. I went to a place where they made me read words and letters on a chart. Some of the words were big, and some were very small.

I tried to read everything, but sometimes I couldn't see some of the small letters.

The optometrist would cover one of my eyes while I read the chart.

Then, she would cover my other eye. She even put some drops in my eyes.

I asked the optometrist if I had passed or failed the test. She laughed, and said that it wasn't the kind of test that you passed or failed.

She was just trying to find out if I needed glasses. I did need glasses.

My mother and I looked around. There were many pairs of frames.

I wanted something that was in style. I tried on many pairs of frames.

Some of them looked good on me, and some of them looked really funny on me.

I finally chose a frame that was my favorite. I gave them to a lady who did some measurements. She told me to come back on Friday to get my glasses.

On Friday, I got my glasses. My friends liked them. They said I looked smart in



my glasses. I wore them to school on Monday, and I was able to see the blackboard clearly. I didn't realize how much I hadn't been able to see.

Now I don't get headaches anymore. I'm glad that I have my glasses.

Everything is a lot clearer now.



Article #145 I am Clumsy

My mother says that I am clumsy. My father says that I am clumsy. I know that I am clumsy. I do things all the time that are clumsy. I fall down for no reason at all.

If there is a crack in the sidewalk, I will be sure to trip on it and fall down.

If I carry a plate of food in the cafeteria, I almost always either drop it or bump into someone with it. I don't try to do these things, it just happens. When I drink juice,

I miss my mouth and get juice all over my shirt. I always have something spilled

on my clothes. Last week I opened a jar of peanut butter. The jar flew out of my

hands and landed upside down on the floor. There was a big glob of peanut butter

on the floor. Yesterday I knocked over the sugar bowl. There was a big sticky mess

on the floor. I bump my head when I get into the car. I rip my pants on things.

I lose my money out of my pockets. I step on the cat's tail. I always feel bad when

I do that because the cat thinks I don't love her. I don't mean to do these things.

I am just a clumsy person. My parents tell me to slow down. I am always in a hurry;

maybe that's why I'm so clumsy. Maybe it's just a stage that I am going through.

If it is, I hope it is over soon. Being clumsy is no fun at all.



Article #146 Home Alone

I remember the first time that my parents left me home alone. I was very grown up, and I thought that I would be just fine. I was fine for a while. I watched television and had something to eat. I called my friend on the phone, and we talked for a while. Then, I sat down to read a book. The house was quiet, very quiet. I found myself listening very carefully. I heard a tap, tap tapping noise. I wondered where it was coming from. It seemed to be coming from the window. I turned out the lights so that nobody would see me, and I peeked out the window carefully.

I was expecting to see a robber tapping at my window. There was nobody there.

It was just a tree branch swaying in the breeze and tapping at my window.

I felt silly. I turned on the lights and sat back down to read my book. A few minutes later, I heard some creaking noises. I listened carefully. Then, I heard a clunking noise. I think it might have been the furnace. Then there was a whirring noise.

My imagination began to play tricks on me. I was imagining that there were all kinds of creatures in the house. I told myself to grow up. I wouldn't let my imagination run away with me. I was glad when my parents got home.

I told them about all the noises that I had heard. My parents laughed and said that



all houses make noises. We're usually just so busy that we don't hear all the noises that go on. I have stayed home alone many times now.

I just ignore all the little creaks and noises that I hear. I am still alert and listen for anything suspicious, but I know that there are lots of noises that are harmless.

That tree that taps on my window still frightens me sometimes,

but I'm a lot braver now than I was the first time that I stayed home alone.



Article #147 Family

What does the word "family" mean to you? The easiest way to define family is to talk about who you are related to. Usually, there is a mom and a dad and children who are brothers and sisters. This would be the "core" family.

Then there is the "extended" family which would include grandparents, aunts and uncles, cousins, nieces and nephews and in-laws (people married to your brothers or sisters, husband or wife). However, I think the word "family" has a much deeper meaning. The word "family" brings words to my mind like: love, support, help, kindness, fun, love, trips, closeness, love, forgiving, sharing, love, understanding, respect and love! You'll notice one word that is repeated over and over again. LOVE.

I believe if a family has real love for one another, they will be able to overcome any problems they may have. Actually, they may not have too many problems if they all love and respect one another. However, there are things that cannot be helped; like death, sickness or accidents. It is during those hard times that a family's love helps them to go through those experiences. We had quite a few children in my family.

There were brothers and sisters which included an adopted brother and a number of foster children, too. I was also very fortunate that I had both my mom and dad to live with and do things like vacations together. We had a lot of fun and there were



sometimes of tears, too. Above all, we love one another!

Family is a wonderful thing! I am so lucky!



Article #148 My First Job

My first "real" job was during my last year of high school. I had taken classes in various business subjects. In that last year of high school, we could do a "co-op".

That meant we could work part of the time instead of going to school. It would count as a credit towards our diploma. The place I got a job was at a men's tailor shop.

The owners were a very nice older German couple. They had two other men working for them, too. One of the men had had brain surgery for cancer.

He had a big, long scar all around the top of his head. He told me all about it.

He was always happy and full of fun. I thought he was very brave!

The tailor shop made suits to order. One of the salesmen would measure the man, and the customer would choose a fabric and style he (or his wife!) liked.

The people in the back of the shop would then cut and sew the suit.

The suits cost a lot of money. There were also suits already made that the customer could buy instead if they wished. They could also rent suits or tuxedos for weddings

or parties. I worked at a little desk. I answered the phone, wrote letters,

filed papers and did some bookkeeping. It was about a mile walk from my school to

work. I passed many clothing shops. That wasn't good because I spent a lot of the

money that I earned in those shops! I worked at the tailor shop for almost a year.



It was a good experience and helped me get my next job with the United States Navy. That was fun, too!



Article #149 First Trip Away From Home

Today I am going to my friend's house. Her name is Valerie. This is going to be my first trip away from home, without my parents. My dad is driving me to Valerie's house, and I'll be staying there for two weeks. Her mom will drive me back home. It takes about 1 1/2 hours to get there. I have to pack enough clothes for play, work and church. I hope I'll pack the right things. Of course, I have to remember my toothbrush and hairbrush. Valerie lives on a farm. I'll be helping her dad with milking the cows--I think! We'll play up in the hayloft after we have helped put the bales into the barn. We'll be all itchy when that job is done!

There are a lot of things to do on a farm. Her mom is a good cook and will feed us well! There is a nice pond where we can go swimming. I mustn't forget my bathing suit. I wonder if the farm dog comes into the pond, too. That would be funny!

My dad and mom are giving me money just in case we go shopping.

I hope we do go shopping because I want to buy lots of candy.

(I won't tell my mom that!) Oh, dear! I hear Dad yelling, "Let's go!"

I haven't even finished packing my things yet.

I guess I better stop writing this now and get busy fast! Bye!



Article #150 My Job

I work at a conservation park called Ball's Falls. I've only worked there for three weeks now. I am a Tour Guide, and I tell people the history of all the old buildings there. Somebody told me that one of the houses I work in is haunted.

Now I get chills every time I walk into that house! My boss told me that the stories aren't real, but I have an active imagination! Ball's Falls is very beautiful.

It has two different water falls, the Upper Falls and the Lower Falls.

There used to be tons of water cascading over them, which turned a big water wheel to grind grain. However, through the years the amount of water has really lessened.

I love working at Ball's Falls because I get to work outside a lot. I am getting a tan!

In July and August, I will be working with kids there at a day camp.

I am getting ready now, making different crafts and thinking up fun new games to play. I can't wait to start working with them. I think that will be the best part of the summer. I will be going to work again tomorrow. I usually have to work from 9 a.m. to 4:30 p.m. I also like the people I work with. They are very nice.

Come to Ball's Falls, and I'll give you a tour!

APRENDA *Inglês* SOZINHO!



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